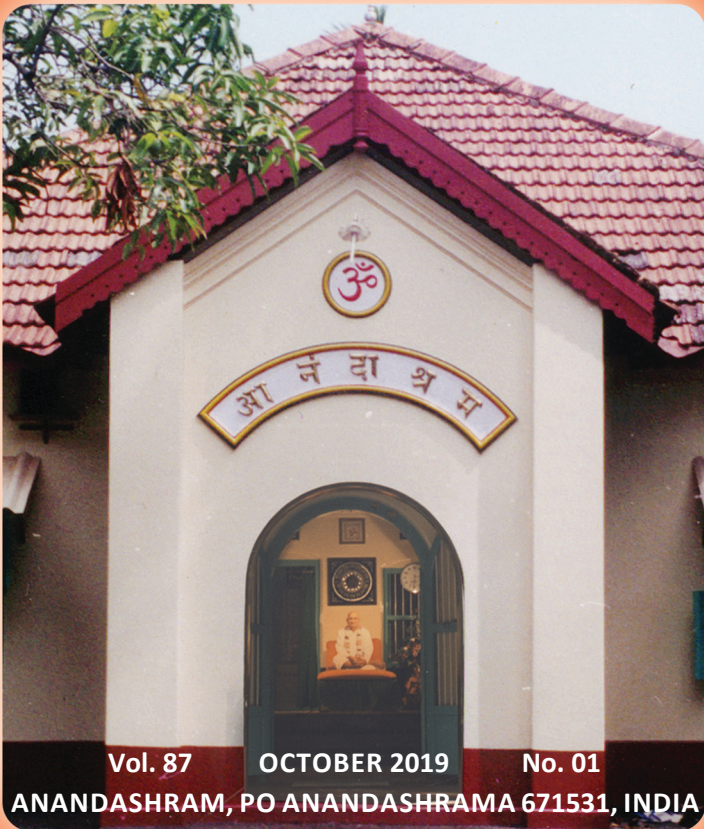


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The Vision

A monthly journal started by HH Swami Ramdas in 1933
DEDICATED TO UNIVERSAL LOVE AND SERVICE

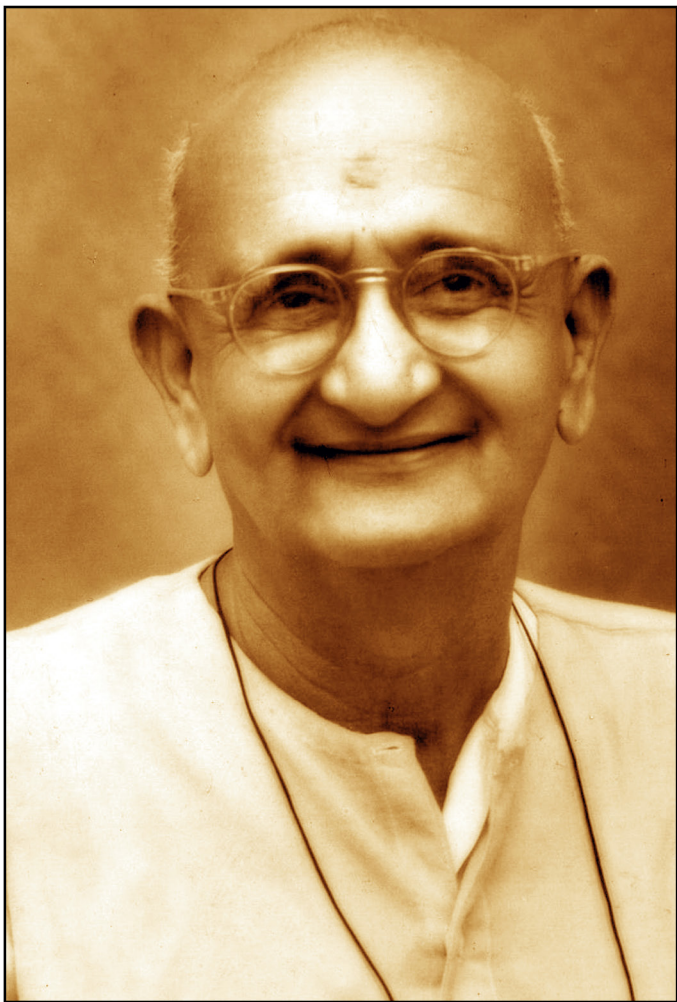


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OCTOBER 2019

No. 01

ANANDASHRAM, PO ANANDASHRAMA 671531, INDIA




Beloved Papa Swami Ramdas (1884-1963)

Om Sri Ram jai Ram jai jai Ram

ॐ श्री राम जय राम जय जय राम

Om Sri Ram jai Ram jai jai Ram

PRAYER HEARD

“OD! I seek not
Name, fame and glory;
May Thy grace fill me
With purity and peace.
Make me conscious of Thee
As my Immortal Self;
My life be an oblation
At the altar of Thy feet.
O Mother and Master Divine!
Nothing more than this I pray.”
Thus I prayed; and God.
The Lover of His devotee,
The Saviour of the fallen,
The Protector of the weak,
Mercy and kindness incarnate,
Said, Amen!
And made me His child!

– Swami Ramdas

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PO Anandashrama 671531, Kanhangad, Kerala, India

Phone: (0467) 2203036, 2970160, 2207403

Web: www.anandashram.orgEmail: anandashram@gmail.com

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FROM THE EDITOR

In the life of everyone who has faith in God, prayer plays a very significant role, especially when we are confronted with trying moments.

Many times it is found that the prayer is answered proportionate to its intensity. Our Masters emphasise that the most effective prayer is the one which is offered in a state of surrender with total love and devotion. It is at such times that we can clearly see His grace lifting us out of dire situations.

In other words, prayer, like a bridge, helps us get in touch with the most sensitive and devotional aspects of our being leading us to God. Through prayers we express our love and devotion for God.

Prayer may be entirely one's own creation, woven with words of love from the depths of our heart, or taken from some scripture or composed by realised Mahatmas.

Initially, a devotee may develop a deep faith and devotion while uttering a prayer. But, later on, unknowingly or unwittingly, it slips into a mechanical repetition, leaving little or no impress on the mind. Probably the remedy for this could be

to intensify our feeling of devotion at the time of praying. It might even be expressed in the form of choking back tears or shedding copious tears of love for the Lord.

Prayer is a means to remind us that it is He who is behind everything. However, for a prayer to become effective, it should come from the bottom of our heart. In prayer, according to Gandhiji, it is better to have a heart without words than words without a heart.

This month's issue of THE VISION carries various articles on prayer by several Mahatmas.

The most important part of prayer is what we feel, not what we say. We spend a great deal of time telling God what we think should be done and not enough time waiting in the stillness for God to tell us what to do.

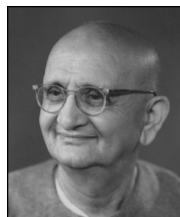
Receptive prayer results in an inner receiving, which motivates right action.

— Peace Pilgrim

THE AIM OF PRAYER

By Swami Ramdas

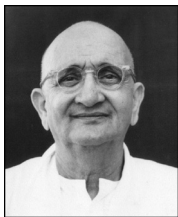
Through prayer and meditation you are united with God in the silence of His spirit and also in the supreme power of His love. God-contact purifies your heart and reveals His full glory within you — you are flooded with His light, peace and joy. God dwells in all beings and creatures. Prayer and meditation open up a channel of communication with the Void so that His grace may fill you and transform your life into His very image. Now your being is vibrant with Divine life and ecstasy. You radiate Divine light and peace. You become a vehicle through whom God works spontaneously for the good of the world. Verily, you are the very expression of God — God who is absolute goodness, love and peace. To be in tune with Him is to become like Him. Human life is rich with the gifts which God has poured into it, for God Himself is at the source of all lives in the world. When the human soul merges in the Cosmic Soul — God, the disturbances in the external field of movement and activity are automatically controlled and harmonised. It is the inner equanimity that makes for a state of external calmness and serenity.



WORDS OF BELOVED PAPA

SWAMI RAMDAS

Prayer is a means of communicating with the Eternal Being. In the early stages, when a sincere devotee longs for God, he prays to Him to grant him His vision, as also the constant awareness of His presence. His heart aspires to be united with Him and ever remain in unbroken contact with the realization of Him. When, through such a prayer, he attunes his life with God and finds Him within and without, and his entire being is saturated with His love and light, all his actions pour out of him as a spontaneous offering to Him. Then his prayers cease. He lives and acts as the Divine bids. He has no will of his own; no choice of his own; no thought, word, or deed of his own. His life in all aspects is inspired and guided by the Divine within him. All his sense perceptions are imbued with Divine power and purpose. Absolute freedom from the ego-consciousness is the keynote of his life. The devotee now becomes the very image of love and joy. He beholds his Beloved's will working in all turns, changes and events in his life and the world-life.



WORDS OF PUJYA MATAJI KRISHNABAI

To obtain anything, we should pray to Papa. If we pray to Him for material things, He grants us material things. If we pray to Him to grant us Himself, He grants that prayer too. But, such a prayer should be accompanied by Guru Dhyana, Nama and Seva.



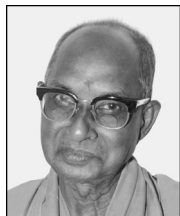
Let your thought always dwell on the Guru who is seated in your heart – who at the same time pervades and transcends everything. If any other thought arises in your mind, identify it with the Guru within. Let your prayer always be to realise – to become one with – the Guru. Let your tongue constantly repeat Ram Nam. Let your eyes behold the Guru everywhere. Let your hands do every work as an offering to the Guru.



Turn inward and pray to Guru within. Look to Him for support and succour. Say: “All is Thou; all is Thine. You are everything and beyond everything. Such a One, please reveal Thyself in my heart.” Repeat these words often and with implicit faith and your Guru will give you His never-failing support.

WORDS OF PUJYA SWAMI SATCHIDANANDA

Intense prayer will surely be responded to and you will be able to get the needed strength and courage to deal with any type of situations. Cheer up and be ever brave.



It is not our external conditions that are responsible for our misery and happiness, but our own state of mind that must always be independent of them. This can be done, only by intense prayer from the bottom of the heart and making the mind dwell ever upon God.



To get over worries and anxieties, you may try to identify each and every thought with God. This practice can be made effective if you send forth a prayer on these lines: “Oh Lord, you are everything, including the so-called desirable and undesirable thoughts that well up in my heart. Why do you come in those ways? Why don’t you free me from all thoughts and enable me to get fixed in Your Real Nature.”

SCIENCE AND ART OF PRAYER

By Paramahansa Yogananda

The word prayer smacks of beggary. We are the children of God. He made us in His image. Why should we beg? The word prayer is antiquated and carries with it the consciousness of supplication.



The psychology of supplication consists of doubt as to whether the Father will grant what we ask. We, being the children of the Almighty Father, can claim everything, which He possesses, namely, wisdom, immortality, happiness and abundance.

The word “prayer” should be changed to “loving demand”. The Father made us His children and we have chosen to be beggars. We must destroy our deficiencies and become acknowledged as His children. To do that, we must stop being prodigal children and retrace our steps homeward from the misery-making mainland of matter. We live in hope and die either with unfulfilled hope or broken-hearted. Very seldom does real complete happiness dawn on the horizon of our lives. We must consider the steps

by which we can retrace our steps Godward. The popular system of prayer is ineffective for the most part because we do not mean business with God.

When in trouble, people pray in the temples, repeating prayers loudly together, while in the background of their minds they are thinking of dinner or something else equally distracting. God, the Secret Knower of our thoughts, knows what selfish desires we have in our innermost mind; so He seldom manifests Himself. While the demons of sensations and thoughts dance in the temples of body and mind, it is difficult to recognize God, who remains hidden behind the veil of silence within.

The popular method of prayer does not reveal the psychology and art of prayer. Ordinary prayer consists of addressing our desires half in belief and half in doubt to an unknown God. If prayers are answered, a superstitious trust in God may result; if they are ineffective, distrust may follow.

Effective prayer, therefore, must be scientific and definite in performance and must give intelligent understanding of all its factors. All those who want to demonstrate the scientific nature of prayer must first be sure that there is a God to pray to.

The longer and deeper you meditate and affirm, the deeper will you feel and be conscious of the ever-increasing joy in your heart. Then you will know without doubt that there is a God and that He is ever-existing, ever conscious, omnipresent, ever-new joy. Then demand: "Father, now today, all day, all tomorrows, every instant, in sleep, in wakefulness, in life, in death, in this world and in the beyond, remain with me as the consciously responding joy of my heart." After that, ask if you wish, for healing of the fleeting flesh or ask for passing prosperity or for anything that you think with wisdom that you should have, but never forget to request, all the time: "Father, be Thou mine always, as Thou hast been, and may Thy love be the only King reigning on the throne of all my ambitions and desires. May I be able to make a fitting temple for Thee in every heart,"

Source: *THE VISION*, January 1968

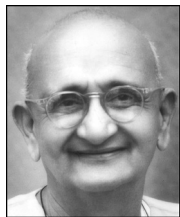
Prayer invariably has a result, not necessarily the result you pray for, but since prayer connects you with God, it is always beneficial.

— Sri Ma Anandamayi

POWER OF PRAYER

By Swami Ramdas

Prayer presupposes a belief in the existence of God. Otherwise we would not pray. We, therefore, take it for granted even before we have seen God, that He does exist. This faith



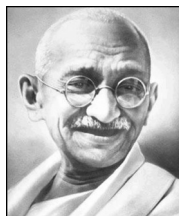
in His existence comes to us from the teachings of saints and sages who have seen Him. Now, taking for granted that God exists, we have next to know where He is. There also the saints have taught us that God dwells within us. Heart is the place in which God resides. Having known where He dwells, we have to see Him and realise Him and live in the light of His guidance. This is possible only by contacting God. That contact is possible only through prayer.

Prayer should be done with the sole object of attaining the knowledge of our oneness with Him. The word 'knowledge' is rightly used here, because we are ever one with Him, but we do not know this. The moment we know that God is within us, and that we are always basking in the sunshine of His grace, then we feel supremely happy. So, prayer enables us to contact God and also to feel His presence within us.

MEANING OF AND NECESSITY FOR PRAYER?

By Mahatma Gandhi

Prayer is the very core of man's life, as it is the most vital part of religion. Prayer is either petitional or in its wider sense is inward communion. In either case the ultimate result is the same.



Even when it is petitional, the petition should be for the cleansing and purification of the soul, for freeing it from the layers of ignorance and darkness that envelop it.

He who hungers for the awakening of the Divine in him, must fall back on prayer. But prayer is no mere exercise of words or of the ears; it is no mere repetition of empty formula. Any amount of repetition of Ramanama is futile if it fails to stir the soul. It is better in prayer to have a heart without words than words without a heart. It must be in clear response to the spirit which hungers for it. And even as a hungry man relishes a hearty meal, a hungry soul will relish a heartfelt prayer. And I am giving you a bit of my experience and that of my companions

when I say that he who has experienced the magic of prayer may do without food for days together but not a single moment without prayer. For, without prayer there is no inward peace.

Begin, therefore, your day with prayer, and make it soulful that it may remain with you until the evening. Close the day with prayer so that you may have a peaceful night free from dreams and nightmares. Do not worry about the form of prayer. Let it be any form, it should be such as can put us into communion with the Divine. Only, whatever be the form let not spirit wander while the words of prayer run on out of your mouth.



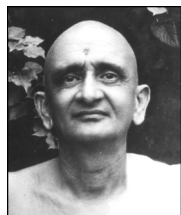
The essence of prayer is to bring two things into unison — the will of God and the will of man. Superstition imagined, no doubt, that prayer would change the will of God, but the more spiritually minded have always understood that the will which must be modified in prayer was the will of man.

— Swami Rama Tirtha

PRAYER HELPS WHERE INTELLECT FAILS

By Swami Ramdas

Prayer helps us to concentrate our mind on God. In our helpless condition when we are beset with worries, we find it very difficult to fix our mind on God.



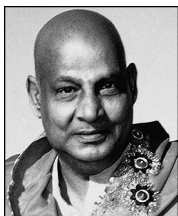
Prayer unites us with Him. Our heart becomes pure and we realise His presence. Intellectual efforts to see Him meet with nothing but failure. When you commune with God through prayer, your intellect ceases to be active. In the stillness of the intellect the light of God shines in you. The mind is as restless as a monkey. How to stop its antics? The name of God is the rope with which you can tie the monkey.

Ramdas' experience is that chanting of God's name is an easy way of controlling the mind. Intellectually we accept that God is within us and know that we are He. But we have to experience that state. We want intuitional experience, i.e., direct perception of the Divine within us and our union or oneness with Him. This is very important.

SADHANA BY PRAYER

By Swami Sivananda

Prayer is the effort of man to commune with the Lord. Prayer is a mighty spiritual force. It is as real as the force of gravity or attraction.



Prayer elevates the mind. It fills the mind with purity. It is associated with the praise of God. It keeps the mind in tune with God. Prayer can reach a realm where reason dares not enter. It can take you to the Spiritual Realm or Kingdom of God. It frees the devotee from the fear of death. It brings him nearer to God and makes him feel his essential, immortal and blissful nature.

The power of prayer is indescribable. Its glory is ineffable. Sincere devotees only realise its usefulness and splendour. It should be done with reverence, faith, Nishkamya Bhava and with a heart wet with devotion. Do not argue about the efficacy of prayer. You will be deluded. There is no arguing in spiritual matters. Intellect is a finite and frail instrument. Do not trust this intellect. Remove now the darkness of your ignorance through the light of prayer.

Draupadi prayed fervently; Lord Krishna ran from Dwaraka to relieve her distress. Gajendra prayed ardently; Lord Hari marched with his disc to protect him. It was the prayer of Prahlada that rendered cool the boiling oil when it was poured over his head. It was the power of prayer of Mira that converted the bed of nails into a bed of roses; cobra into a flower garland.

When you pray, you are in tune with the Infinite, you link yourself with the inexhaustible Cosmic Power-house of Energy (Hiranyagarbha) and thus draw power, energy, light and strength from Him.

Prayer does not demand high intelligence or eloquence. God wants your heart when you pray. Even a few words from a humble, pure soul — though illiterate — will appeal to the Lord more than the eloquent, flowing words of an orator or a Pundit.

Even when the medical board has pronounced a case to be hopeless, prayer comes to the rescue and the patient is miraculously cured. There have been many instances of this description. You might know this. Healing by prayer is really miraculous and mysterious.

He who prays regularly has already started the

spiritual journey towards the domain of everlasting peace and perennial joy. That man who does not pray lives in vain.

Prayer has tremendous influence. I have many experiences. If the Prayer is sincere and if it proceeds from the bottom of your heart (Antarika) it will at once melt the heart of the Lord.

Do not pray for the attainment of any selfish ends or mundane gifts. Pray for His mercy. Pray for Divine light, purity and spiritual guidance. Pray constantly: "O Lord, let me remember Thee at all times. Let my mind be fixed at Thy lotus feet. Remove my evil habits."

Prayer generates good spiritual currents and produce tranquillity of the mind. If you pray regularly, your life will be gradually changed and moulded. Prayer must become habitual. If prayer becomes a habit with you, you will feel as if you cannot live without It.

Get up in the early morning and repeat some prayer. Pray in any manner you like. Become as simple as a child. Open freely the chambers of your heart. Discard cunningness or crookedness. You will get everything.

Source: sivanandaonline.org

DIFFERENT KINDS OF PRAYER

By Swami Ramdas

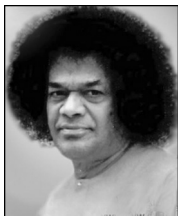
Just as food nourishes the body, prayer nourishes the soul. There are some who love God, but they do not love Him so much as they love worldly objects. So, they cannot remember God constantly. A man who is attached to wealth cannot be devoted to God. Your love for God should be the greatest. Then alone your mind will be centred in Him. A devotee, Prahlad, while yet a boy, prayed to God: “Oh God, I do not pray for anything new from you. Let my mind run towards you with the same force as it runs towards the objects of the senses.” Only the direction of the mind has to be changed, even as we have to change the course of a stream if its waters are not to be lost in desert sands. If we direct the stream to the fields, we can raise good crops by making use of its water. Let the wandering mind be directed to God. Then our life would turn fertile and achieve good and great ideals. Otherwise it would be wasted away.

There is another kind of prayer: “Oh God, do not grant my prayers, because in my foolishness I may ask for things which are harmful to me.” This means, leave everything to Him. He knows what is good for us. Here the devotee has passed the stage of prayer.

REFLECTIONS ON PRAYER

Teachings of Sri Sathya Sai Baba

What exactly is prayer? How exactly ought we to pray? And why should we pray?



First and foremost, prayer is a conversation with God. It is just like talking to one's mother. And just as one is used to asking the mother for this and that, one also asks God for various things without inhibition.

Regarding making requests to God for some thing, it is better to ask God directly, than begging humans for all kinds of favours. Indeed this is true. But then, does one have to remember God only when there is a request to be made? This is the question one must ask oneself.

In almost all traditions, children are taught prayers that involve requests of one kind or the other. But is this what we must do? Is this what prayers are all about?

Prayer ought to be an expression of our love and gratitude for God.

We must remember God not only when we are in distress but also when we are happy. That is the first step in developing unselfish love for God.

Besides this, we must also pray in the usual manner. Our prayer must express gratitude for the numerous things we receive, known and unknown. If we enjoy good health it is not because we are controlling our diet or jogging regularly, etc.

In short, prayer can become a very pleasant experience and one that we can eagerly look forward to. Prayer makes us think of God.

Abstaining from prayer has no excuse; one can always find time to talk to God. More than anything else, it leads to internal cleansing. The longer we put off prayer, the more is the 'dirt' that accumulates within.

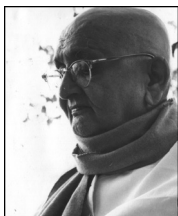
In the semi-conductor industry, the foundry where they make silicon chips is kept unbelievably clean. They go to enormous effort to constantly purify the air; otherwise, the yield of good chips would go down drastically. In the same way, we too must find time to commune with God as frequently as possible.

Source: <http://www.saibaba.ws/articles/reflectionsonprayer.htm>

THE BEST PRAYER

By Swami Ramdas

There are so many struggling to purify their minds, but they do not have any success because they are egoistic. Egoistic struggle does not lead us far. We must bow down



before Him, surrender to Him; say: 'O God! I am nothing. You are everything'. They say that the best prayer is that which God puts into our mouth. So, let Him make us pray to Himself for the right thing. Let us not pray to Him for the things we consider best, but which might prove to be really harmful.

The child in its folly asks the mother for a knife to play with. The mother knows the knife would hurt the child and so she does not grant the child's wish. If the child leaves to the mother to do what she likes for him, then she will do the best for him.

God is called Providence. He is the provider. He provides us with what we need. We should not ask for material things. Ask Him only to give us true devotion which will ultimately make us realise that we are one with Him.

“First seek the Kingdom of Heaven and everything else will be added unto you.” These are the words of Jesus. How true they are! But we are asking for name, fame, power, and we get more and more involved in these worldly things and forget Him. If we leave it to Him, He will give us what is good.

Let us be satisfied with what He gives. Therefore, it is said, we should not be discontented with the situations in which He places us. But discontent there should be for our not having progressed sufficiently on the path and attained the vision of God. Let us only aspire for Him. Let us pray, “O God! Make my mind pure. I have been told by sages that You are within me. But I am not aware of You. Make me aware of You.”

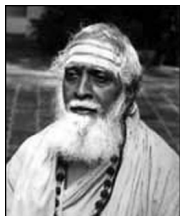
God-realisation is possible for all. Householders need not renounce the world, but they should pray sincerely, practise discrimination between the Eternal and the temporal and remain unattached. God listens to sincere prayer.

— Sri Ramakrishna Paramahansa

PRAYER IS TALKING TO GOD

By Swami Shantananda Puri

Prayers are in effect talking to God. Prayers can take any one of the following forms: Praising God and His glories, seeking material favours like promotion, getting a job or a son or money etc., or seeking spiritual favours like pure devotion, destruction of wrong conditioning (Vasanas) etc. Here again, one may recite set prayers written in the Vedas, Bible, Puranas or Stotras (hymns) written by great saints or talk to the Lord spontaneously in one's own words about one's own problems in family, daily life, office or in meditation and other spiritual aspects.



Prayers can be done as a separate Sadhana but if they are done in combination with Japa and Swadhyaya they will be more effective.

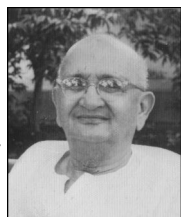
Those who are constitutionally more emotional and those who find themselves unable to sit in Japa or meditation will find prayers as an easy method to keep the mind engaged in God and to develop concentration.

Source: Answers To Basic Spiritual Questions

THE RIGHT PRAYER

By Swami Ramdas

It is not proper for us to ask God for any material things, but only for the things of the highest spiritual value, viz., the realisation of God.



God says, 'Whatever I give you is impermanent. The Eternal is Myself. If you pray that I should be yours, I will become yours'. But we do not want Him. We want only the things that He gives, which are perishable. How can we then have eternal peace?

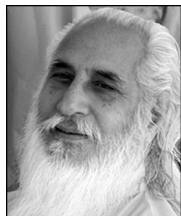
Pray to God to become yours or to make you His. It amounts to the same thing whether you become His or He becomes yours, as, in either case, you ask for immortality. In immortality there is real joy and peace.

There is a prayer among the Hindus, 'Lead me, O God! from the unreal to the Real; lead me from darkness to Light; lead me from death to Immortality.' This is the right prayer for us all. Thus, we shall come by the highest beatitude; we shall enjoy supreme peace here and now.

PRAYER

By Sri Chandra Swami Udasin

Prayer, in its truest sense, is a humble and creative act of the will through which one pours out one's heart unto the Lord. Through prayer we may ask something for ourselves or for others, or without asking anything, only reverently adore the Lord, who is conceived by us as the Supreme Being worthy of all adoration, reverence and love.




All legitimate prayers that arise from a pure and sincere heart, rather than those that are merely uttered orally, parrot-like, without intensity of feeling, are positively heard and granted.

Sincere prayer has tremendous power in it, and it works miracles. An aspirant of the Divine Life cannot do without prayer. He or she must pray at every step of his or her spiritual movement. A prayer which is the most passive is the most effective, because the less the ego, the more the grace comes to us, and consequently, the closer we get to the Divine.

Source: The Practical Approach to Divinity

HOW TO ATTAIN PERFECT PURITY

By Swami Ramdas

hat should we do to attain purity? Prayer, constant remembrance of God through the chanting of His name, and ultimate surrender to His will, are the ways of attaining perfect purity.

By prayer we keep up our contact with God, and we open a channel between us and Him so that His love, power, grace, light and peace may pour into us. Supposing there is a dry pond near a lake and we want that pond to be filled with water, what we have to do is to open a channel and connect the pond with the lake and when this is done the lake floods it with water so much so that the pond overflows and becomes one with the lake. So, we should open a relationship with God as His child or servant and call Him Mother or Master and allow His glory to manifest in us. This is the one way we can connect ourselves with God and stay our mind always in His remembrance. Then, in course of time, when our remembrance becomes intense we will lose ourselves

in Him and will be completely transformed by His grace.

Grace is very important. Without grace we cannot achieve anything. His grace must awaken us before we can realise that His will alone prevails and it alone causes everything to happen. So long as we are conscious of this, we can never commit a wrong or sin. We are sanctified and made holy. We will see everywhere the Divine. We will see our fellow-beings and all creatures as the expression of Divinity. Then we cannot but love everybody alike.

In this vision we will be spontaneously spreading peace, goodwill and harmony everywhere. Wherever we go we will be able to awaken, in the hearts of people, faith in God. This is not true of only a few here and there. This is possible for all of us.

A beautiful prayer from the ancient Hindu scriptures echoes in my heart always: “May all creatures be happy. May people everywhere live in abiding peace and love.” For all of us are one, and joy can be found only in the joy of all.

— Eknath Easwaran

DEAR CHILDREN

The Empty Chair



man's daughter had asked the local priest to come and pray with her father.

When the priest arrived, he found the man lying in bed. An empty chair sat beside his bed. The priest assumed that the old fellow had been informed of his visit.

"I guess you were expecting me," he said.

"No, who are you?" said the old father.

The priest gave him his name and then remarked, "I saw the empty chair and I figured you knew I was going to show up."

"Oh yeah, the chair," said the bedridden man, "Would you mind closing the door?"

Puzzled, the priest shut the door.

The man said, "I have never spoken to anyone about this, not even my daughter. All of my life I have never known how to pray. At church I used to hear about prayer, but it went right over my head. Finally, I abandoned all attempts at prayer until one day four years ago, my best friend said to me: 'Prayer is just a simple matter of having a conversation with God. Here is what I suggest: sit down in a chair; place

another chair in front of you and with faith see God seated in that chair. Then just speak to him in the same way as you are doing right now, with me.' So, I tried it out, and have liked it so much that I do it for a couple of hours every day. I'm careful that my daughter does not see me talking to an empty chair. If she did, she'd either have a nervous breakdown or send me off to the funny farm."

The priest was deeply moved by the story and encouraged the old man to continue with his conversations with God.

Two nights later the daughter called to tell the priest that her father had passed away that afternoon.

"Did he die in peace?" enquired the priest.

She said, "Yes, when I left the house at about two o'clock, he called me over to his bedside, told me he loved me and kissed me on the cheek. When I got back from the store an hour later, I found him dead. But there was something strange about his death. Apparently, just before he died, he leaned over and rested his head on the chair beside the bed. What do you make of that?"

The priest wiped a tear from his eye and said, "I wish we could all go like that."

EPISTLES OF SWAMI RAMDAS

eloved Ram,

...Prayer is the one most efficacious Sadhanas for getting rid of the Vasanas of the mind. But the prayer ought to be offered, by each person for himself, to the Supreme Lord seated in his heart, pervading in, and appearing as the whole world.

Ramdas does not believe that somebody else can pray for us. Everyone has to attain the Great Truth, he is in quest of, through his own concentrated effort. The blessings of saints are ever with us.

The Shloka of the Bhagavad Gita which Ramdas holds as the most comprehensive and all inclusive Shastra that guides us to the immortal goal of our life is:

“To those men who worship Me alone

thinking of no other,

To those ever harmonious, I bring full security”.

At another place, the Lord assures the struggling aspirant thus: “My devotee perisheth never.” So take complete refuge in the Beloved Lord of your heart. Surrender up your entire existence into His hands. Surrender does not mean abandonment of the Karma that has fallen to your lot, in the course of

your life, according to your Swabhava; it means the dedication to the Lord of all that you do in thought, word and deed...

Ramdas



ANANDASHRAM NEWS

15,500-CRORE NAMA JAPA YAGNA FOR WORLD PEACE: The total Japa received in the third round of the 15500-Crore Nama Japa Yagna For World Peace in the month of August is 180 crores. The grand total of the Japa done so far in this round now stands at 6176 crores.

11TH MAHASAMADHI DAY OF PUJYA SWAMI SATCHIDANANDAJI

On 12th of October 2019, we observe Pujya Swamiji's 11th Mahasamadhi Day. Pujya Swamiji was the personification of humility, forbearance and Guru-Seva. May this day be instrumental in reminding us of these noble ideals that he epitomised, and may he bless us to live up to the teachings of our Guru.

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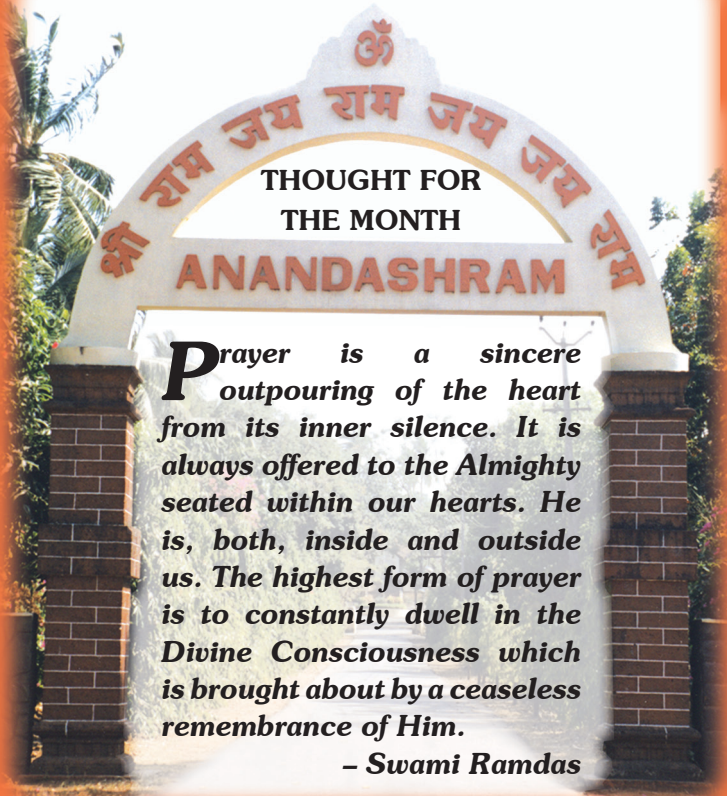
Sr.	Book Title	Price (Rs.)
1	Ashram Seva	30
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3	Call of the Devotee	130
4	Dive Deep and Soar High	120
5	Gita Sandesh	110
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Tel: (0467) 2970160

Email: anandashrampublications@gmail.com

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