



The Vision

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DEDICATED TO UNIVERSAL LOVE AND SERVICE



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Om Sri Ram jai Ram jai jai Ram
 ॐ श्री राम जय राम जय जय राम
 Om Sri Ram jai Ram jai jai Ram

FULLNESS OF GOD

THE world is not there for me.
 For me the world is God –
 Every part of it is Divine:
 There is none but He and I.
 I! – where is “I” when all is He?
 I, you and He are one in Him.
 ‘Tis all one life, one thought, one form,
 One is the sound and one is the strain.
 One is the sun and one is the light.
 In the silence of all-embracing space
 Thrills one sole rapture of peace.
 The air breathes and swings
 To one immortal tune.
 Fulness of God – perfection of Truth
 Alone revealed everywhere
 In pomp, power and glory.

– Swami Ramdas

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THE VISION

A Monthly Magazine

Anandashram

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FROM THE EDITOR

By and large devotees, due to their preoccupation with (1) the duties to discharge, (2) challenges to be met and (3) commitments to be honoured, may find it difficult to take to the chanting of the holy and all-powerful Ram Nam for a longer period in a day or to dwell on the same internally or become aware of the purpose for which it is chanted. This unknowingly gives the impression that spiritual life and worldly life are different. For most of the devotees, this notion is the greatest hurdle in their spiritual progress.

Beloved Papa has offered us an alternative for overcoming this hurdle. He has suggested that along with the usual spiritual discipline at home, at the prescribed hours, we are also asked to make an in-depth study of all that we come across so as to enable us to bring out the spiritual dimension behind every object, person, situation and experience, so that the continuity of God-thought is not broken. To make it more clear Beloved Papa said: “We have the magnificent book of nature spread out before us – a picture of unsurpassing beauty and charm – the spontaneous and blissful self-expression of the

indwelling God. Let us look at it, read in it the glorious presentation and the varied activity of the Beloved. Look on the infinite play of the Infinite One, and by deep absorption into the Beloved – the Universal Being – enjoy immortal joy. This is the goal – all else is ephemeral and not worth striving for.” This indirectly means that there is no disconnection between spirituality and daily life.

The aforementioned thought-provoking words of Beloved Papa make us realize that the almighty Lord of the Universe has been teaching us wise tuitions day-in and day-out through Mother Nature, other objects, emotions, thoughts and varied situations and experiences. He is watching us closely, as it were, and whenever we fail to learn, He repeatedly makes us go through the teachings, which at some moments might appear to be even very rough and tough.

May we all be able to combine the spiritual discipline we are following with the outer life so as to hasten our march towards the ULTIMATE.

This month’s issue of THE VISION carries articles on the above theme.

— *EDITOR*

GOD – THE MASTER ARTIST

By Swami Ramdas

My soul sings the song of eternity. Its vision is of infinity. The song fills all the worlds. The vision dazzles in and beyond the cosmos. Sweetness permeates my being. My being is not merely individual, it is universal – one with God, the supreme Master of all spheres. So nectar is spilling everywhere.



Love is the essence and light of my soul. My life is the expression of Love. I live and act as Love bids. Love is the spontaneous force that inspires and guides me. Love is like the smile on the face of the baby. Love is like the enthralling notes that thrill in the

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that Nature – God.***

throats of the tiny birds. My heart is attuned to this Love. My pulse beats to the rhythm of this Love. All glory to Thee, O Love!

God comes to me as a child, free, guileless and pure. Its eyes shine with Divine lustre. It looks with innocence and smile plays on its lips. The

moment I behold it my heart leaps with delight. To say more of it is to reveal a secret the beauty of which may well lie hidden in the depths.

When not a leaf stirs and all is still, it seems nature is meditating on her static being – God, the impersonal, the all-pervading, tranquil Spirit. I am that Nature – God. Now my soul and all that I am has sublimated, has dissolved into the indivisible whole in which all exists and nothing exists, all resolves into the one Truth or existence by whatever name you call it.

I see the bright but cool morning sun shining on the flowers, trees and all nature, lighting all things with his golden radiance. O God, all praise to Thee! This is my morning prayer. My heart adores Thee as all beings, encompassing them in my ecstatic embrace. O God, all praise to Thee! This is my morning worship. Every movement of mine, from the blinking of the eyes to walking, talking and working, is an act of my day's service to Thee. This is my dedication.

God, the Master Artist, has painted the world-picture on the canvas of Himself – the infinite expanse of His splendorous Spirit. What a wonderful masterpiece! What variety in shapes and colours it unfolds and presents before our love-struck eyes! Verily, God is the picture, brush, paint and artist Himself.

WORDS OF BELOVED PAPA SWAMI RAMDAS

Let life be like the flower – born in full bloom and given away utterly – petals, scent and all – to the gardener who brought it into existence. The joy of the flower lies in its self-offering to its loving maker. So our life be a dedicated flower at the feet of our Divine Maker. Life thus lived alone is filled with real blessedness, peace and joy.



Guru Dattatreya learnt a lesson in concentration from an arrow-maker who was absorbed in the task of sharpening and straightening an arrow. So great was his concentration that he did not notice the King's

Let life be like the flower – born in full bloom and given away utterly – petals, scent and all – to the gardener who brought it into existence.

procession passing before his shop. Dattatreya saw that and told the artisan, “You are my Guru”. From twenty-three others he learnt twenty-three lessons which helped him in his spiritual progress.

Ramdas was a denizen of the forest and he used to see

the vast nature before him. He had very successful meditation when he had the vast landscape before him. Hills and landscapes had a great fascination for him. The beauty of nature enthrals your mind and you lose yourself in the Divine manifestation of nature. When he was sitting like that, he was unaware of people coming and going, as his body was forgotten. It was at this time he realised the oneness of the Spirit.

The nature of the sandalwood tree is such that, even if a man goes to it with a hatchet and cuts it, it gives only fragrance in return. Similarly, even to the persecutors, saints give only kindness, mercy and final redemption. This is the nature of saints.

For some people it is easier when they look upon Nature as the expression of God and tune themselves with Nature. By doing so they go beyond into the realm of the Spirit and feel one with the Spirit. Ramdas also felt like that. When he was in Kashmir, he was sitting on the top of a hill witnessing the beautiful scenery before him. He sat there in rapture feeling one with the whole atmosphere around him and his mind was completely merged in the universal consciousness and he was enjoying ineffable bliss. It

is because of that we are asked to go into retreat, to seek solitude for sometime, so that we can expand our vision and ultimately merge in the universal Spirit.

WORDS OF PUJYA MATAJI KRISHNABAI

The Ashram is Papa's school. You come here to learn Universal Love and Service.

What can you learn coming to the Ashram? What you have to learn is that all the forms you see around you are your own, see them all in the same light as you see your kith and kin. Now, in your own body, you have so many organs, each with a function all its own. No one organ can exchange its function with that of another, just as the eyes cannot hear or the ears cannot see. Do you differentiate between them? You don't. Likewise, you have to look upon all the people around you as your very own. You



The Ashram is Papa's school. You come here to learn Universal Love and Service.

can do so only if you take your Guru Mantra continuously and intensely. When you do so, you will realise Papa in your heart. Then only will your coming here have been worthwhile.

Now, why are we here? We have been given this human birth by Papa to learn and practise Vishwa Prem and Vishwa Seva (Universal Love and Service), which only means that we have to carry out every task given to us with all love and attention. It means little to me whether I go and work in the fields or not. This is also a field for Vishwa Prem and Vishwa Seva and to tend the crops is to practise the ideals that Papa has taught us. If we neglect this aspect, it only means that we lose a valuable opportunity of deriving bliss from Papa's creations.

WORDS OF PUJYA SWAMI SATCHIDANANDA



(We celebrate Pujya Swamiji's 98th Jayanti Day on 12th of November 2017. Pujya Swamiji was the personification of love, compassion, humility and Guru-Seva. On this day let us remember these noble ideals that he epitomized. May he bless us to live up to the teachings of our Guru and thus make our lives blessed.)

They (the Youth) must have by now understood that besides what they learn from the books and teachers, the world is a greater teacher and, if only they are vigilant, they can learn a lot by observing

what is going on in front of them...

In addition to what the books and teachers can teach, they must be observant to what is happening in the world and learn many things from it. They are all budding blossoms in the garden of God.

Man who is endowed with intelligence and discriminative power can surely learn a lot from daily life. By observation and inference he should be able to understand what contributes to his ultimate good.

LEARNING FROM FLOWERS

By Eckhart Tolle

As the consciousness of human beings developed, flowers were most

Seeing beauty in a flower could awaken humans, however briefly, to the beauty that is an essential part of their own innermost being, their true nature.

likely the first things they came to value that had



no utilitarian purpose for them, that is to say, was not linked in some way to survival. They provided inspiration to countless artists, poets, and mystics. Jesus tells us to contemplate the flowers and

learn from them how to live. The Buddha is said to have given a “silent sermon” once during which he held up a flower and gazed at it. After a while, one of those present, a monk called Mahakasyapa, began to smile. He is said to have been the only one who had understood the sermon. According to legend, that smile (that is to say, realization) was handed down by twenty-eight successive masters and much later became the origin of Zen.

Seeing beauty in a flower could awaken humans, however briefly, to the beauty that is an essential part of their own innermost being, their true nature. The first recognition of beauty was one of the most significant events in the evolution of human consciousness. The feelings of joy and love are intrinsically connected to that recognition. Without our fully realizing it, flowers would become for us an expression in form of that which is most high, most sacred, and ultimately formless within ourselves. Flowers, more fleeting, more ethereal and more delicate than the plants out of which they emerged, would become like messengers from another realm, like a bridge between the world of physical forms and the formless.

Source: A New Earth

NATURE'S TEMPLES

By Sadhguru Jaggi Vasudev

If you walk into a very pristine forest where hardly any human beings have moved, if you just go in, close your eyes and sit, it is like you are sitting in a temple; you can actually feel this. There is a



phenomenal amount of energy which supports you because the whole life process – from a microbe to a worm, to an insect, to a bird, to an animal, to a tree, to a plant – every one of them is living with this intention: they want to be something more than what they are right now. That intention creates a kind of consecration

If you become without intention, you will feel the intention of the Existence. When you become one with that, you travel so much more easily in that direction.

of its own, it creates a certain sacredness of its own. If you allow the planet to be just the way it was, and if you simply sit here or sleep, you will find the whole place will become like a consecrated space.

As you get more exposed to this and remain completely in the womb of nature, the way you feel things changes. This is

the reason why yogis always withdrew into forests and mountain caves. Because just sitting there, the intention of nature is crystal clear to you. The main thing is to grow beyond all limitations which are restricting you right now. That intention is being expressed by every grain of soil out there – don't miss it! If you become without intention, you will feel the intention of the Existence. When you become one with that, you travel so much more easily in that direction.

Source: <http://isha.sadhguru.org>

LEARNING FROM THE SEA

By Krishna Kumar & Prabha Sampath

Even as a teenager, Jashan (Dada J.P.Vaswani) loved to spend time alone. The need for solitude often sent him in search of peaceful and quiet communion with nature. The Clifton Beach in Karachi was his favourite haunt – where he spent long hours watching glorious sunrises and sunsets. The rushing waves that came to touch his feet and then withdrew noiselessly, enchanted him with their ceaseless movement.



On weekends, he would go out to the Manora Islands (small islands to the south of Karachi), where

he would watch the rolling waves of the deep blue sea crash against the shore tumultuously.

As he gazed at the waves, sometimes for hours together, he also realized that the tumult and turbulence was only on the surface. He knew that deep within the sea, the waters were still, clear and silent. He knew that deep inside him too, there was stillness and silence. The question was: how could he touch the point of stillness?

Life is like the sea, he thought to himself; its treasures are deep within, not on the tempestuous surface. The entire day seemed insufficient to look at the sea and reflect on its depths. He would spend the whole day on the deserted island. If at all he felt hungry, there would always be the simple Prasad of Dodo (flat bread like a Paratha) and Chutney offered at midday at the little temple on the island. This he ate, gratefully, still wrapped in contemplative silence.

Source: Dada JP Vaswani – His Life And Teachings

WORDS OF MAHATMAS

ON LEARNING FROM EVERYTHING AND EVERYONE

“People want to forget their sorrows, not remove their sorrows... Even after repeated failures, we refuse to understand why we fail. Even under the sledge-

hammer of misery and sorrow, we are blind to our own false values. A thousand repeated disappointments do not teach us how to use our productive intelligence more efficiently. In short, man refuses to learn, although Mother Nature and Father Life, day-in and day-out, tirelessly give us wise tuitions!...”

— Swami Chinmayananda

“To be with trees and plants is beautiful because they go on growing, they become an impetus, an inspiration, and the whole energy is flowing upwards with the growth. You cannot remain low, you have to go high. If you are alert, then farming can turn you on as no drug can ever do. Just the smell of the wet earth, the smell of the growing plants, the joy of the birds and the sun — all that becomes a milieu for spiritual growth. To be close to nature is to be close to God.”

— Osho

“Water has no shape, its nature is to flow. If you put it into a vase it will take the shape of the vase. In this cup, it has assumed the shape of the cup. If poured into my cupped hands it will take the shape of the hands. But water has no shape. It is the same with the consciousness, which is subtler than water. It

similarly has no form, but it assumes the form of whatever concept it is poured into or identifies with, but it will never be the form. It remains ever its formless nature."

— Mooji

"If we look at nature, we see that nature works in unison despite the immense amount of diversity. There is a uniting thread across all in this Universe. We believe that the Creator and the creation are not two, the Creator has, himself, become the creation — that is why we respect each and every thing. When we enjoy the creation, we need to remember the Creator, just as when we enjoy a delicious sweet, we look to see what producer manufactured the sweet."

— Mata Amritanandamayi

"Life is a school and experience is our teacher... Everyone has something to teach me. For everyone knows something that I don't know and need to know!"

— Dada JP Vaswani

"Learning about yourself is not like learning a language or a technology, or in the present. Knowledge is always in the past, and as most of us live in the

past and are satisfied with the past, knowledge becomes extraordinarily important to us. That is why we worship the erudite, the clever, the cunning. But if you are learning all the time, learning every minute, learning by watching and listening, learning by seeing and doing, then you will find that learning is a constant movement without the past.”

– J Krishnamurti

“Those who undertake to care for the cow must learn to be as lowly as the cow herself. Their own nature must come to resemble the nature of the cow they worship. I have used the word ‘worship’ rather than ‘tend’ or ‘serve’ because it reflects my own feelings towards the cow.”

– Acharya Vinoba Bhave

WORLD IS A SCHOOL

For enabling spiritual aspirants to bring in God-dimension in all the three tiers of life viz.: family life, professional life and social life, Beloved Papa has prescribed a feasible and simple method of connecting everything with the Source of all sources – God. That means, every object or individual we come across has

relevance in our spiritual journey, for which the spiritual dimension should be unearthed.

Here are a few examples:

1. **Water:** In our spiritual journey, we have to surrender to the will of God, shedding the sense of 'me' and 'mine'. This valuable learning can be observed in water.

It doesn't have a shape of its own; when we put it into a container it takes the shape of the container. This reminds us to be flexible in our approach while dealing with others.

Water, when mixed with salt, turns salty and when mixed with sugar, it becomes sweet. It shows us how to be pure at heart so that we can mingle and adjust well with all we come into contact with.



Another important learning from water is to hold on to authentic humility; this is seen through the fact that water always flows downwards and remains at the lowest available level.

2. **Fire:** Self-purification is necessary as we tread the spiritual path. Just as fire turns everything it comes into contact with to ashes, we too should try to keep on refining ourselves by removing every element of negativity, one by one.



3. **Space:** When a house is to be built, a plot is purchased. Then on this plot the house is built. The space before the house was built was the same as it is after the house is built. Now it has a name and form, however, the space is still the same, unchanged.

Therefore space teaches us to have an all-accommodating attitude. Its all-pervasiveness is the closest comparison to the all-pervading Reality which is nameless and formless.



4. **Earth:** Teaches patience, living in harmony and helping others.

As we water the soil, it helps us by helping a seed, which has been sown, to grow and also in maintaining the plant that is rooted in it. Swadhyaya and Satsang are like the seeds sown in the heart of the aspirant, with the right nurturing of regular Sadhana, it will sprout forth and reveal the magnificence of Divinity from within.

5. **Air:** Just as air is everywhere and sustains all life, God is everywhere and we exist because of Him!

6. **Soap/Candle/Camphor:** By observing soap, a candle or camphor, we learn self-effacement and how we can completely dedicate ourselves to serving Him in all forms.



7. **Mirror:** Sri Narayana Guru, a great saint from Kerala, had once installed a mirror, instead of an idol of any deity, in the sanctum sanctorum of a temple. He wanted the devotees to truly understand that **the God we seek is within us**. We have to find Him at the core of our being.
8. **Oil:** If we apply coconut oil on our body, it gets absorbed. But if you pour it in water, it floats. We, as spiritual aspirants, should conduct ourselves in a similar manner while transacting with the world, i.e. we should try not to get attached to,

mingle too much with or get bound to anyone or anything. On the other hand, at times of Satsang or Swadhyaya, we should be fully absorbed.

9. **Sun:** We learn that regularity is necessary in our spiritual practices; and also that equality and equanimity in our attitude towards all events and individuals are necessary.
10. **Wilting Of The Flower:** Birth, growth, decay and death are the common phases for all living beings. It teaches us that everything by nature is transitory. Our True Being – the Self/God – alone is eternal.



11. **Pot And Mud:** Teaches us that the effect is nothing but cause in different forms.
12. **Honeybee:** Shows us how to share. It does not

take all the honey it makes from the flowers for itself. It takes it to the hive and shares it with the rest of the colony. As aspirants our spiritual progress is not only for ourselves. It is also for the larger good – the welfare of all.



13. Ant: When it is trapped, it persistently tries to free itself. It teaches that we should persevere in our Sadhana until the goal is reached no matter what the so-called obstructions may be.

DEAR CHILDREN

One Sunday morning, a man sat in his balcony enjoying the sunshine and his coffee when a little ant caught his eye; going from one side to the other side of the balcony, carrying a big leaf several times more

than its size. He watched it for more than an hour.

He saw that the ant faced many impediments during its journey, paused, took a diversion and then continued towards its destination.

At one point the tiny creature came across a crack in the floor. It paused for a little while, analyzed and then laid the huge leaf over the crack, walked over the leaf, picked the leaf on the other side and then continued its journey. The man was captivated by the cleverness of the ant, one of God's tiniest creatures.

The incident left the man in awe and forced him to contemplate over the miracle of Creation. It showed the greatness of the Creator.

Before his very eyes was this tiny creature of God, lacking in size yet equipped with a brain to analyze, contemplate, reason, explore, discover and overcome.

Along with all these capabilities, the man also noticed that this tiny creature shared some human shortcomings. He saw about an hour later that the creature had reached its destination – a tiny hole in the floor which was entrance to its underground dwelling.

At this point the ant's shortcoming that it shared

with man was revealed. How could the ant carry the large leaf it carefully managed to its destination into the tiny hole? It simply couldn't! So the tiny creature, after all the painstaking and hard work and exercising great skills, overcoming all the difficulties along the way, just left behind the large leaf and went home empty-handed.

The man learned a great lesson that day. We worry about our family, our job, how to earn more money, what kind of vehicle to buy, what kind of dress to wear? Isn't that the truth about our lives too?

We worry about all sorts of things, only to abandon all these things when we reach the entrance to our destination – THE GRAVE – when we realize we cannot enter our destination with all these things. We don't realize in our life's journey that these are just burdens, only to find that at the end, they are useless.


The ONLY TREASURE that lasts FOREVER is OUR RELATIONSHIP WITH OUR CREATOR: GOD.

EPISTLES OF SWAMI RAMDAS

Beloved Ram,

...Real beauty in art lies in its intimate relation to the Divine. In fact, everything is stale and insipid,

when the God-idea is absent from it. To spiritualise life means to divinise the whole world. To see the Divine at work and in manifestation in all beings and things is to realise the supreme charm and glory of existence. The entire face of nature then presents to the vision a beautiful and lovable picture, teeming with blissful activity...



IN MEMORIAM

- ◆ Dr. Sanjay Hemmady, an ardent devotee of the Ashram from Mumbai was called by Beloved Papa on the 25th of September 2017 after a brief illness.
- ◆ Smt Lakshmi Mahadevan, an inmate of the Ashram since the 1990s was also called by Beloved Papa on the 1st of October 2017 while at Tiruvannamalai.
- ◆ Smt Parvathy, wife of Sri Shankarji, and an ardent devotee of the Ashram from Hyderabad, also dropped her mortal coil on the 13th of October 2017.

We pray for Beloved Papa's blessings on the dear departed souls for eternal rest and peace at HIS lotus feet.

POINTS FOR DAILY SADHANA

“God is within you. This is the central truth from which you have to start for knowing and realizing Him. You should feel that you are ever living and moving in His being and be aware of His presence with you always.”

– Swami Ramdas

1. Making intense efforts to know the efficacy of Ram Nam chanting as a means to expand our love-circle outwardly, and to move towards Him internally.
2. Practising Nama Japa and stilling the mind before starting the activities of the day and before retiring to bed.
3. Keeping up regularity in all that we do.
4. Putting in efforts to feel the presence of God (as static aspect in the form of Awareness-Absolute inside, and the dynamic aspect in the form of Life-Force outside).
5. Bringing in additions to improve our Sadhana. (e.g.: Trying to identify the spiritual dimension in all objects, persons and

circumstances; developing a positive attitude, etc.).

6. Striving to gain supremacy over our sense organs on the sense objects and thus enhancing the will-power (Vairagya).
7. Repeating daily affirmations (e.g.: “I am not alone, You are with me!”; “I am THAT and not this assemblage of five elements”, etc.).
8. Establishing contact with the Indwelling Reality through daily inner dialogue (soliloquy) and writing letters (and tearing them up).
9. Practising excellence through total involvement in every action that is done, from the smallest to the biggest.
10. Self-monitoring to ascertain whether the dominance of ‘Me’ and ‘Mine’ is reducing.

“The world is indeed a school of experience. By continuous friction with it we learn where we stand and what we are.”

— Swami Ramdas

CHENNAI SATSANG PROGRAMME

“The world we live in is a school in which observation and experience offer immense possibilities for self-improvement, nay, the world itself is Guru or God.” – Swami Ramdas

In order to draw our attention towards looking upon all events and individuals as opportunities to learn something from for our spiritual progress, Beloved Papa prompted the devotees of Chennai to have lively and enthusiastic interactive sessions from the 29th of September to the 3rd of October 2017.

Being a Metro city, devotees in Chennai have been finding it difficult to travel long distances to reach a common place for Satsang programmes on specified dates. Hence, to facilitate participation of as many devotees as possible, He, through His chosen instruments, made it possible to conduct sessions in five different places like Samiyar Madom, Anna Nagar, Mount Road, Periyapalayam and Premnagar. In spite of the constraints of time, the sessions helped the devotees to bring out many revelations linking the God-dimension with objects, events and individuals.

In order to sustain the tempo generated in the sessions, lead teams were formed in different places to initiate monthly meet of devotees.

Devotees in the other Metros may kindly think about it and plan for meets in their cities on similar lines.

ANANDASHRAM NEWS

15,500-CRORE NAMA JAPA YAGNA FOR WORLD PEACE: The total Japa received in the third round of the 15500-Crore Nama Japa Yagna For World Peace in the month of September is 250 crores. The grand total of the Japa done so far in this round now stands at 1565 crores.

SATSANG PROGRAMME IN HYDERABAD: Pujya Swamiji is scheduled to visit Hyderabad from the 10th to the 19th of December 2017. The proposed Satsang programmes are as follows:

11-12-2017: At Sringeri Jagadguru Mahasamstan, Sri Satyanarayana Swami Temple, Ashok Nagar, Hyderabad. **Time:** 04.00 – 07.00 P.M. **Contact:** Sri Krishnaiah (9652057479), Sri CH Laxminarayana (9908765323) & Smt M Sharada (9247808558).

12-12-2017: At the residence of Sri Hanumanth Rai Sanghi, Narbada Sadan, Banjara Hills, Road No: 12, Hyderabad. **Time:** 08.00 – 09.00 P.M. **Contact:** Sri Sanjay Sanghi (9396538411) & Smt Preetha Sanghi (9849018411).

13-12-2017: At Gowlipura, Hyderabad. **Time:** 04.00 – 07.00 P.M. **Contact:** Sri Gajanand (**9885508393**).

14-12-2017: At Hanamakonda Satsang Samithi, Hanamakonda (8702449900). **Time:** 04.00 – 07.00 P.M. **Contact:** Smt Shankara Lakshmi (8702449900) & Sri. CH Lakshminarayana (9492922961/9908765323).

16-12-2017: At Vysya Hostel, Kachiguda, Hyderabad. **Time:** 04.00 – 07.00 P.M. **Contact:** Smt Swarajyam (040 – 27632106) & Anand (9246968266).

17-12-2017: At Saket Dham, Musheerabad, Hyderabad. **Time:** 04.00 – 07.00 P.M. **Contact:** Dr Bajranglal (9948019199) & Smt Pushpa Ratanlal (9391391276).

NAMA SANKIRTAN & SPIRITUAL RETREAT: It is proposed to have an Akhanda Ram Nam Saptah in the Ashram from the 24th to the 30th of December followed by an interactive Spiritual Retreat on the 31st of December. The topic for the Retreat this year is **WORLD IS A SCHOOL**.

We request devotees who are interested in participating in the programmes to kindly intimate their dates of arrival and departure and also inform about the number of persons accompanying, so that arrangements can be made here.

LIST OF ASHRAM PUBLICATIONS

ENGLISH			MALAYALAM		
Arati Book	50	In The Cave	15	Thus Speaks Ramdas	30
At the Feet of God	50	In the Vision of God *		TELUGU	
Call of the Devotee *		Swami Satchidananda	5	Arati	10
Cherished Memories	25	The Sayings of Ramdas *		At the Feet of God *	
Dive Deep Soar High *		Thus Speaks Ramdas	10	Call of the Devotee	30
Gospel of Swami Ramdas I & II *		World is God *		Dive Deep & Soar High *	
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THOUGHT FOR
THE MONTH

“An individual, who really desires to enter the path of self-control for the attainment of God, should keep his eyes wide open and keenly observe around him the outstanding and unique natural capacities manifest both in the animal and human kingdoms. ”

– Swami Ramdas

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