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# *The Vision*

A monthly journal started by HH Swami Ramdas in 1933  
**DEDICATED TO UNIVERSAL LOVE AND SERVICE**



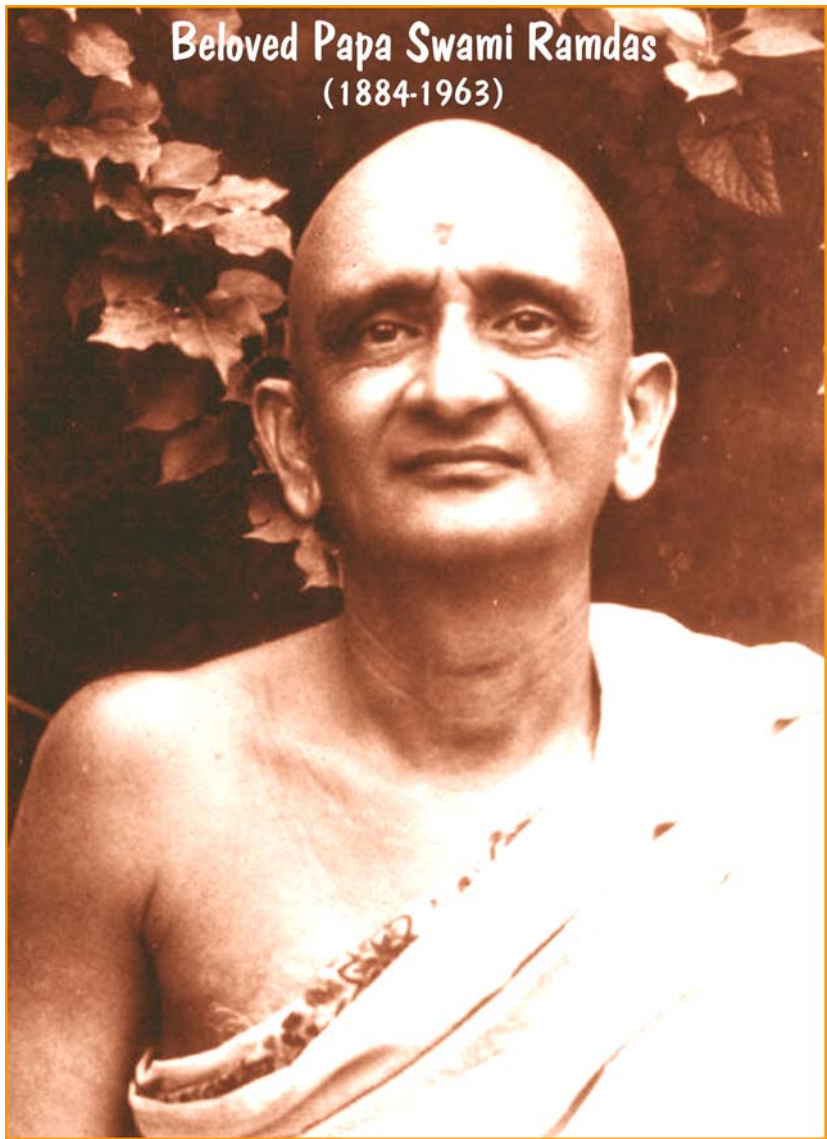
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**Beloved Papa Swami Ramdas**  
(1884-1963)





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## THE VISION

*A Monthly Magazine*

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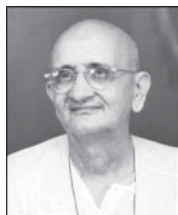
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**DIVINE ALCHEMY**

*By Swami Ramdas*

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At first the deep shadows of sadness crossed and darkened my life. Palpable dimness clouded my soul. Agony and despair seized my being. For a time the world disappeared from my thoughts. I longed, hungered and wept for the great Truth – the eternal rest and peace. I struggled with the forces that offered resistance. I wailed, prayed and fought like a frantic child. Nothing would satisfy me but the fullest vision of the Truth. “If God is, where is He? I would see Him. I would do all that is humanly possible to get Him. I would even die for Him – if death alone be the ransom to attain Him.” This was the one thought that burnt like a flame in my mind – a flame that grew in volume day after day until it consumed me completely.



Now the great transformation came upon me. A supernal splendour dazzled my soul. I felt I was enveloped by and lost in a halo of Divine effulgence; I was merged in unutterable bliss and peace. My old self is dead – I am now a new being – illumined with the light of God. It is a light not of this world of shadows – it is the Light of lights – the transcendent

first principle and root of all that exists – call it God or Truth. I am blessed with the grace of this almighty Truth. Now, life is filled with sweetness ineffable. Now, it flows in rhythms of joy – it sings of the glory of its own eternity. Its touch transmutes – its sight awakens – its very thought purifies and elevates. Such a life is mine – such a God is mine – the ever-abiding beloved Lord of my heart.

Now I have found a joy that never fades. I have found a Life that never dies. I have entered into an empire that knows no bounds, no decline and no decay. I live in the realm of the immortals. I commune with incarnations, prophets, saints and sages. I mingle my light and life with theirs. I sing in tune with their voice. My face is bewitched by their smiles. I dance with them in ecstasy. O supreme felicity – O supreme everlasting bliss!

This is my life. Those who wish to share with me the blessing of this immortal life – step out from the sphere of death, fear and sorrow – rise from the vale of doubt, despair and darkness – renounce the region of desire, hate, wrath and greed – possess the consuming fire in which I was transformed by the Divine Alchemy of His grace. This is the way to the life Immortal – God.

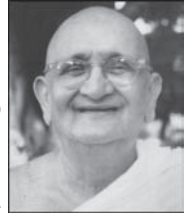
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## WORDS OF BELOVED PAPA SWAMI RAMDAS

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### **Discipline To Keep Up God-Remembrance:**

If you do any Sadhana it must be to keep up God-remembrance continuously. Sadhana or discipline by itself cannot grant you anything. If it is done with a view to maintaining unbroken the stream of God-thought, so that no other thought can obtrude and create confusion in the mind, you will be alert always. Even this alertness can come only under certain conditions, and these conditions must be created by God for you. We see in the Hindu scriptures the assurance given by God to the effect that he who wants to remain constantly in His remembrance, and strives to do it at all times, will be provided with all the means necessary for it, namely, the necessary company, environments and conditions favourable for His remembrance. He must be tremendously sincere. Then God provides everything necessary for this advancement.



### **Remembrance Comes By Grace:**

God's remembrance can come to our mind only through His grace. Otherwise, how can we remember

Him? There are so many who are striving, but His grace has not come to them. They are like fish out of water, pining and pining for Him. When God's grace comes, the stream of remembrance flows into their mind continuously, and everything necessary is done to maintain the remembrance. The remembrance must be unbroken like a "Thaila Dhara", which means the flow of oil. When oil is poured from one vessel to another, you see it flows unbroken. The moment there is a break in the remembrance of God, at once the ego-sense takes possession of us and darkness sets in.

Ramdas was praying to God: "O God, keep your remembrance in my mind ceaselessly." The result was that God gave him Satsang, because in the company of saints it was easy to remember God. He also got such food as was conducive to keep him awake all night, because sleep depends mainly upon the food we take. God made him take only a very small quantity of food. Every minute Ramdas was in a state of fear lest he should forget Him any time. He ran into solitude for the purpose. Company of worldly-minded men was not conducive to remembrance of God.



### **God-Madness Ensures Remembrance:**

Ramdas was praying to God: “O God, make me stark mad of Thee”. It is God-madness that makes us remember Him constantly. For, if He possesses us, we cannot forget Him. Until then we must go on repeating His name. When Ramdas was in this state of madness, a friend said to him: “By repeating God’s name you are running mad. You must give it up”. But Ramdas replied: “No. He will repeat it so incessantly that he will make the very walls in this room vibrate with the Name.” This was the determination which God gave him at that time. That is how God has made him what he is. By His grace alone Ramdas was made to enter this path, by His grace alone he was made to walk on it, and by His grace alone he reached the goal.

### **The Essence Of Ramdas’ Message:**

Ramdas has told you practically everything he had to say. He has emphasised again and again the importance of taking the holy name of God. He can tell you that it is a key that opens the gate to the realm of perfect happiness, peace and freedom. He who has tuned his mind to the name of God and is conscious of His presence within and everywhere about him, has achieved the goal of life.

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**WORDS OF PUJYA MATAJI KRISHNABAI**

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We have to attain the child-like state and we can do so only by surrendering ourselves completely to Papa. Now, look at children. They laugh one moment, cry another moment, neither condition makes any permanent impression on their mind. They are content to nestle in the arms of their mother. We must turn to Papa and depend on Him as a child does on its mother. Then, the Gunas do not affect us.

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At times, when you sit by yourself, feeling at peace and contented, all of a sudden, for no apparent reason, you feel dejected and a mood of discontent seizes you. That is because, until you have attained Papa, you are prey to all passing emotions arising from the play of the three Gunas. When you are in the Satwa Guna, you feel all peaceful and serene in the mind, when Satwa gives way to Rajas you become restless and start running about pursuing some task or the other. When Rajas in turn gives way to Tamas, you fall prey to the very objects which are opposed to spiritual progress. But, once Papa reveals Himself in your heart, the sway of the Gunas does not affect you.

Through Ram Nam Papa has made everything easy for us. Yet, we do not want it. Or, after repeating Ram Nam for some time, we imagine we have gained everything when we enjoy some peace of mind and even think that we have attained Sakshatkar! What we are unaware of is that this is a passing state of mind induced by Satwa Guna and that it will soon give way to the two other Gunas. Our task should be to go beyond the three Gunas.

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### WORDS OF PUJYA SWAMI SATCHIDANANDAJI

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*(On 12<sup>th</sup> of November 2014, we celebrate Pujya Swamiji's 95<sup>th</sup> Jayanti Day. Pujya Swamiji was the personification of love, compassion, humility and Guru-Seva. May this day be instrumental in reminding us of these noble ideals that he epitomised, and may he bless us to live up to the teachings of our Guru and thus make our lives blessed.)*



**Chant Ram Nam In All Your Waking Hours:** You should not be dejected when you are overpowered by sleep. Make it a point to keep chanting Ram Nam during all your waking hours. Sleep when you feel like sleeping and do not worry about it. Be sure that Beloved Papa,

who has awakened you from within and enabled you to start doing Sadhana, will reveal Himself in your heart in His own time. Take joy in the fact that He has made you walk on the path, and you are sure to reach the goal.

If you want to practise meditation and take to Yoga etc., you must first contact a saint who will guide you on the path. Do not start doing meditation or Yoga asanas by merely reading books. The safest thing for you, if you are anxious to walk on the spiritual path, will be, to take to the chanting of God's name with all love and devotion. God will guide you from within. If external guidance is needed, He will make you come in contact with a saint at the appropriate time.

**Embrace Infinity:** In the course of Sadhana, a time comes when we feel like taking a leap into the sea instead of simply standing on the shore, looking at or touching the waters. This is like breaking the small circle and embracing infinity. This leap places us entirely in the hands of God and means dedicating our life fully for the service of the Lord.

**Writing The Mantra:** There is absolutely nothing wrong with writing 'OM' many times. What is required is that while writing the Mantra or 'OM' one should be

conscious that they symbolically represent the all-pervading, infinite Reality seated in everybody, which actuates everything.

**He Causes Events For The Good Of All:** Though we may not know the how, why and wherefor of events, one thing is sure – they are caused by Him only for the ultimate good of all. He will give us the right perspective to watch everything dispassionately and to make us see His finger in everything.

**Sadhana Itself Makes You Joyous:** Any Sadhana properly done should help us to be more and more cheerful, move with everybody with all love and affection and also be a source of joy for others.

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### CALL GOD: IT'S FREE!

*By Narka Awomi*

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The more advanced our technology gets, the swifter our communications become. Modern technology has enabled us to almost instantly connect with people who may be located far away from us, even at the other end of the globe. It helps us to relate with each other. The more we keep in touch, the more healthy and strong our relationships are likely to grow. The more contact we have, the better we

can understand each other. The more we talk and share, the more we can like, even love, each other.

Today, mobile phones have become a ubiquitous form of communication across the world. They are widely used among almost every social class in every country.

You need a couple of things if you want to communicate with others through a mobile phone. Of course, you need to buy a handset, followed by a SIM card. Then, you need to invest in a bit of ‘top-up’ and perhaps an SMS pack, and may be an Internet pack if you have one of the fancy new phones. And then you are ready to use your mobile phone!

Yet, the charge on your phone works only for a while. You need to shell out money to refill your balance. You also need – almost daily – to recharge your phone.

Although you can speak to people at the other end of the planet on your mobile phone, there are places where the phone doesn’t work – places that have no mobile phone tower around, and, therefore, no network connectivity.

Today, sadly, many of us have become – whether we realize it or not – worshippers of rapidly-changing communications technology. Playing around with hi-

tech gizmos has become our favourite form of 'time-pass'. We have little or no time to talk to God, though we have all the time in the world to gossip with our friends on our mobile phones. We have become so addicted to communications technology that we think that we just can't live without our mobile phones, our I-pods and I-pads and our Internet connections, but we never care to think that we can't survive even a micro-moment without the support of God. We've put all our trust in technology instead of in the Lord. That holds true for most of us, irrespective of the religion we claim to follow.

Just think of it: how many hours do we spend checking our email, surfing the Net and talking with our friends and relatives on our mobile phones every day? Compare that figure with how much time – if at all – we speak with God each day. How many minutes a day do we actually spend with God or even think of Him? Do we honestly have the same desire to talk with God that we have for chatting with our friends, parents, spouses and business contacts? God wants us to be much more enthusiastic in spending time talking with Him than with other people, because, after all, He is our Creator and our best Friend, who never leaves us alone for even a fraction of a second.

To talk with God, we don't have to spend anything – unlike when you use a mobile phone. Everything is absolutely free – but yet how often do we avail of this special offer? To talk with God, we don't have to spend money to buy a handset, a SIM card, 'top-up', and a SMS or Internet pack! Everything is 'paid for' by God through His grace. God has no appointed time, unlike the supposedly 'very important' people in this world who switch off their cell phones, not wanting to be disturbed, or else give their cell numbers only to a chosen few! Instead, He is always there, waiting for us to call up and talk with him. Night and day, He is always alert to receive our call – no matter who we are. When we call Him, the network is always available, anytime and anywhere! There's no question of the charge running out. And you definitely won't face any network connectivity problems!

All we need to do is do away with our laziness and make use of the offer which God has graciously given to us. If we want to improve our relationship with Him and truly experience His loving-kindness, it is our responsibility to contact Him.

A good relationship between God and us depends upon how often we call Him and how long we speak to Him! Try it out and see for yourself!

*Source: Email*



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## ME TO WE

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*“Indeed, there is no life greater than that which is devoted to the service of God in humanity. The vision of God in the universe and beyond is the basis for this glorious life.” – Swami Ramdas*

*In line with the above words of Beloved Papa, VITAL, a movement, was initiated by Anandashram to motivate teachers to integrate Constitutional Values into academics in the form of examples drawn from daily life.*

**Class: 6, Subject: Basic Science, Chapter: 1 – Hiding in the Heart of a Seed**

**Text Content:** Plants having a weak stem that climb over a support are climbers.

**Example:** Thiyagam Women Trust, Madurai, Tamil Nadu, set up by Amutha Shanthi, herself a physically challenged person, is mainly focusing on the rural women with physical challenges and empowers them to support themselves independently under the banner of Thiyagam.

**Value Co-related:** Consideration for others, Care and Compassion

*For more details contact: [vital4education@gmail.com](mailto:vital4education@gmail.com)*

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**DEAR CHILDREN**

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***Beyond Face Value******By Meenakshi R., Rajapalayam, TN***

I grew up in the port town of Tuticorin, Tamil Nadu. Bicycling to and from school with friends from my street, we passed a slum near the school, but instinctively avoided anybody there. One July day in 1980, when I was in Class Six, I returned from school at 4:30pm to find the whole household in turmoil. Senthil, my three-year-old brother, was missing.

All morning my parents had assumed he was nearby at my grandmother's, where he often went, but when they went to fetch him at lunch-time, he wasn't there! Amma and Appa then searched in the homes of friends and relatives. When they asked me I told them I too had no idea but one of my friends had a clue. "I think I saw Senthil running behind us when we cycled to school today, but I didn't see him after a while."

A search party, which now included several neighbours, rushed to my school but couldn't find Senthil there. We then enquired at shops along the way and checked the surrounding area too. As we approached the school's back gate, we spotted a ragged young

woman seated with my brother in her lap.

“Thank God!” cried Amma as she ran to embrace Senthil.

The woman, whose name was Chinnathai, was from the neighbouring slum. She had spotted my brother wandering about and felt something was not right. When she asked Senthil about who he was and where he lived, all he could tell was the name of my school. So, hoping that someone would come to look for him there, Chinnathai fed my brother breakfast and waited with him by the gate for hours.

My little brother now safely back home, I got thinking about Chinnathai and the other slum-dwellers. I no longer ignored them. It taught me to be kind to people from different, less-fortunate circumstances. As for Senthil, he now works in the USA as an engineer. Every time he’s here, he visits Chinnathai and her family.

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## TRANSFORMING LONELINESS INTO SOLITUDE

*By Garima Roy*

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*“I don’t know if I’m unhappy because I’m not free, Or if I’m not free because I’m unhappy.”*

*– Patricia Franchini, Breathless*

Do you truly feel free? Deal with this question genuinely as within the answer resides the truth of your state of mind. Do you feel stuck in this trap of desires or are you genuinely content with wherever and however you are? You may have found your dream job, partner, and house but still you find yourself stuck in the labyrinth of loneliness and emptiness.

You feel restless day after day because your conscious mind wants to rise and grow. It doesn't want to be stuck in time. It's a sort of isolation; not just from other people in one's life, but from one's life itself. It begins with existential crisis that encompasses existential loneliness, existential angst (anxiety), existential fear and existential sufferings; all of it combined is a gateway to existential solitude.

*“However vast the darkness, we must supply our own light.” – Stanley Kubrick*

Loneliness, like fear, is an edgy emotion and you have to pass through it if you want to enter your inner world. It is an emotion that poets, writers, Yogis and artists celebrate to undergo transformation. It's a tool for spiritual growth. Embrace loneliness – it is an adventure towards solitude. To find profound significance of life is an engagement with the centre

that lies within each one of us. And there is no spiritual short cut to being spiritually intelligent.

Anger, fear, disappointment and sadness all arise out of loneliness. Once you transform loneliness into solitude, your sense of peace never gets separated from you. However it's a long way home and you have to do intense self-inquiry. Realise the thoughts and emotions that fill you with pain and restlessness.

It could be reminiscing past memories, future fears, suffered humiliations, love and friendships denied, failed goals. Accept those emotions. Disassociate yourself with the gloom factor present in those emotions and use it as a stepping stone to become a spiritually stronger and a better person.

### **Understanding Solitude In Context Of Ego**

*“A pale reflection of myself wavers in my consciousness... and suddenly the “I” pales, pales, and fades out.” – Jean-Paul Sarte, Nausea*

Ego exists in order to be flattered. Your ego carries an identity and identifies with certain sources of joy. Any shift in the paradigm discomforts your ego and that leaves you feeling horrible. But do you realise that the root cause of suffering here is having a fixed sense of identity for yourself? The truth is in order to evolve one has to constantly change.

You cannot cage yourself because of your ego. Your soul seeks freedom, but your ego has a hard time believing that you are not running after an identity. You actually construct an emotional baggage by trying to maintain an image in front of your friends, maintain a certain kind of influence in office, have perfect social circle and so many other things. Don't trouble yourself. Freedom means carrying the same self everywhere.

You are exactly what you are when alone. Denying this fact is denying your own existence. Once you embrace yourself with your loneliness, you become free. In that freedom, you experience solitude. Solitude is an opportunity to renew yourself, regain perspective in life and restore the body and mind. No matter wherever you are; in solitude you are at home. As Walt Whitman said, "Alone.... And the soul emerges."

*Source: <http://fractalenlightenment.com/28713/spirituality/transforming-loneliness-into-solitude>*

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## FROM THE LEAVES OF THE BACK ISSUES

*THE VISION Vol. 38, Oct. 1970*

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### **BHAKTA KUBA, THE POTTER**

In a village in Rajputana there lived a devotee whose name was Kuba. He was a potter. To make and

sell earthenware were his profession. He had a righteous wife named Puri. By making only 30 pots in the course of a month, the couple used to maintain themselves with the income derived therefrom. They used to devote the remaining moments of their time in singing the praises of the Lord. To speak the truth was a vow of their life. They were living embodiments of forgiveness and tranquillity as it were. In their heart there was not the least room for greed and anxiety. Steeped in supreme bliss they used to sing the praises of the Lord in an unmotivated way and treat the guests coming to their house hospitably. In their heart of hearts was implanted a firm conviction that earthly weal and woe were the result of past actions and the creation of illusion and that they had no relation with the soul. For this reason they could enjoy this ever-flowing bliss with an equable spirit.

The life that Kubaji led was immaculate. He maintained his family and entertained guests with the small income that he derived from the sale of earthen vessels. He was consequently, ill fed and ill clad. He remained ever-content with his own lot. The rice cooked at his house was so pure that anybody partaking of it only once was sure to turn out a great devotee.

The Lord who has unbounded love for His Bhaktas

wanted to disseminate devotion through the medium of His sincere Bhakta, Kubaji. With this intent He enacted a Lila. A company of 200 Sadhus came to the village of Kubaji singing loudly the names and glories of the Lord. The Sadhus spoke to the villagers, “Brothers, we are feeling very hungry. Is there no liberal-hearted gentleman in the village who could supply us with food?” Moneyed people there were many in the village but the people directed the Sadhus to the house of Kubaji.

The company of Sadhus came to the house of Kubaji and sent forth the shout, “Sita Ram”. Kubaji felt a thrill of joy when he heard the dear name of his Lord. He rushed out from his cottage. He fell prostrate on the ground before each one of them and said, “O I am very fortunate that you have graced me with a visit today. Please tell me how I can serve you.” The chief of the Sadhus said, “We are dying of hunger. Please provide us with victuals.” With a gladdened heart Kubaji agreed to make provision for them, but his store was empty. How could he feed his guests numbering 200? Kubaji turned his face God-ward and placed his entire reliance on Him. He then went to the house of a big merchant and said, “Seth Sahib, 200 Sadhus and Mahatmas have arrived at my house today. Please supply me with the necessary provisions.



You may employ me in any service for any length of time in lieu of the price of the commodities.” The merchant was aware of his truthfulness and uprightness. He said, “Look here, I have to dig a well. If you promise to dig me the well yourself I can provide you with the necessary articles of food.” Bhakta Kubaji agreed to the proposal. The merchant provided him with rice, pulses, ghee and other articles of food. Kubaji took them gladly and handed over to the body of Sadhus. The Lord who came in the guise of the chief of Sadhus blessed Kuba for his unswerving devotion and departed.

No sooner had the Sadhus left the place than Kubaji, true to his word, went to the house of the merchant with his devoted wife Puri and started digging the well. Kuba began to dig and Puri to remove the earth. Both of them went on chanting the Name of Hari while thus engaged. Thus digging for a considerable length of time, at last one day they came in sight of water. The water was extremely tasteful. But the earth at the bottom was sandy and the earth on the surface had no support. And so when Kubaji descended down the well to remove some obstacle, the earth of the surface collapsed and came down with a crash. Puri was at some distance from the

well, but Kubaji was buried alive. Puri began to lament. The news spread like wild fire and the merchant and others rushed to the spot. Finding Kuba buried underground all the people assembled were extremely perturbed. To remove the earth was not an easy task; Kuba would surely succumb in the meantime. Thinking so, the people began to console Puri. Some kind-hearted people also gave the assurance that they would look to her maintenance. At last, somehow consoling Puri, they sent her back to the house.

The villagers gradually forgot this incident. The rainy season came and was over. The well was choked with the earth carried by the water during the rains.

One day some travellers were passing by that way. As evening closed in, they pitched their tents there. At night, all of a sudden, they caught sweet sounds of Kirtana to the accompaniment of cymbals, drums and lyre underneath the ground. They were extremely surprised. They listened to the music throughout the night. The music exerted such a sacred influence over them that they too participated in the Kirtana and thus spent the night all awake. As soon as the day dawned; they related the whole story to the villagers. At first the villagers did not take them seriously. But at length putting their ears to the ground they too caught

a faint sound of the Kirtana. Their surprise knew no bounds. From lip to lip the news spread. Thousands of people, young and old, and also from the neighbouring villages flocked to the place to listen to the strains of Bhajans. The news also reached the ears of the King who came to the spot with his ministers. The King too, heard the sound and on enquiry the whole incident was related to him. He now appointed hundreds of men to remove the earth. In a few hours the earth was removed and the mouth of the well was opened. The scene within was a heavenly one. All the people including the King were dumbstruck by the sight.

The people saw a holy stream of water flowing into the well. Seated on it with His face beaming with a sweet smile was Lord Sri Hari whose complexion resembles the colour of a blue lotus, who holds in His four hands the conch, the disc, the club and the lotus, and the beauty of whose yellow robe is exquisite. Kuba, the great devotee, merged in supreme bliss was dancing before Him while singing His praises and glories. Streams of tears of love were flowing from his eyes. He had not the least consciousness of the body. The whole atmosphere was reverberating with music.

The hearts of the spectators were inundated with a flood of devotion, love and faith. The revilers of religion

were carried away by the sweeping current of Love. The King folded his palms and fell prostrate on the ground in token of obeisance. The image of the Lord suddenly disappeared. The King had Kubaji conducted safely up.

Kubaji came home. The heart of the wife leapt to her bosom on recovering her lost husband. In a very short time Kubaji's fame spread in the whole country like the perfume of a flower. Aspirants from distant provinces came to see him and derived much benefit from his discourses. The King, on his part, visited his humble cottage every now and then.

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### NAMA YAGNA FOR VISHWA SHANTI

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Spirituality can be broadly taken as a journey from self-centredness to selflessness, i.e. from the individual to universal. By praying for world peace, Pujya Mataji wanted us to develop a sense of connectedness with the larger world. In October 1978, Pujya Mataji wrote a special letter to Beloved Papa in THE VISION, "I pray with folded hands to all Your forms to chant the holy and all-powerful Ram Nam, or any other Name, as much as possible – much more than what we are doing now. We have fixed a target 121 crores Japa. My earnest prayer is that the Japa should exceed the target and continue with all love, devotion

and zeal until peace and happiness is established on the earth and in the hearts of all."

Thereafter in June 1986, she wrote another letter after increasing the target for Vishwa Shanti from 121 crores to 15500 crores of Japa, encouraging devotees to chant more, the same is reproduced below:

*Lord of the Universe, Papa!*

*You are Eternal, Infinite, formless, attributeless. You have manifested as the universe and You transcend everything. You reside in the heart of every being and creature on earth.*

*As willed by you and for the purpose of bringing in world peace, I had prayed to you in the form of all devotees to chant your Name as much as possible daily, to reach the target 15,500 crores.*

*Now, the world situation has further deteriorated and conflict and unrest are on the increase. Your Name alone can counteract such antagonistic forces and create waves of peace to flow all over the earth. Therefore, I again pray to you to kindly prompt all devotees to chant the Name more and more with greater intensity, zeal and devotion and reach the target of 15,500 crores so that You may, as the Controller of the entire universe, in Your mercy and compassion, bring in peace and happiness all over the world.*

*In order to realise their oneness with You, devotees*

*have to expand their vision by serving the entire universe which is Your own form, with their body, mind and wealth. Many may not be in a position to do physical service or offer their wealth. But all without exception, can use their mind in Your service, i.e. they can chant Your Name more and more and pray to You for world peace and thus put into practice Universal Service.*

*It is not necessary that all should chant the name: “Om Sri Ram Jai Ram Jai Jai Ram” alone. Those who have received initiation of the above Name may chant the same. Others may chant whatever Name was given to them by the Guru. Those who have not received initiation may chant whatever Name appeals to them. All those who chant the Name may, before doing so, kindly pray every day to You who are seated in their hearts, to usher in peace in the world and grant eternal happiness to all. I again pray to You, my all-merciful Beloved Papa, who are everything and beyond everything, to graciously grant this humble prayer of ours and bring peace and happiness to every being and creature in the world.*

*Your child,  
KRISHNABAI*

Beloved Papa made it possible to complete the target of 15500 crore Nama Japa Yagna for world peace in June 2011 by prompting His innumerable devotees to take part in it enthusiastically. In line with Mataji's

Sankalpa, the second phase of Nama Yagna for world peace with the same target of 15500 crore started from September 2011, which is also going on very well by HIS abundant grace. An abstract of the figures for the months of May, June and July 2014 is given below:

<b>JAPA COUNT IN LAKHS</b>			
<b>State</b>	<b>May 2014</b>	<b>June 2014</b>	<b>July 2014</b>
Andhra Pradesh	1173	960	891
Gujarat	143	367	171
Karnataka	930	706	690
Kerala	8313	7284	7477
Maharashtra	183	121	127
Madhya Pradesh	44	23	28
Tamil Nadu	14054	14540	14524
South Africa & Others	1160	998	1092
<b>Total</b>	<b>26000</b>	<b>25000</b>	<b>25000</b>

We request all those who are currently contributing to continue the same with all zeal and devotion, and to those who have not joined the Yagna to participate by taking to the chanting of any Name of God and sending us the count either by sending a postcard, or calling us at 9496473477 / 0467 2206161, or by emailing the same to anandashram@gmail.com.

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## EPISTLES OF SWAMI RAMDAS

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Beloved Ram,

...To have perfect trust in the Almighty God, who eternally dwells in the hearts of us all, coupled with a surrender of all our activities to His Divine power, is to attain complete equilibrium and peace. Let us not, at any moment, forget that we are merely instruments in the hands of the great Truth, that is Universal Life and Love... You are the chosen instrument of God... You are the immortal, all-blissful spirit. Be conscious of this always. Lowness is assumed, to realise greatness. "It is little to know ourselves to be great, and great to know ourselves to be little."...



*Ramdas*

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## IN MEMORIAM

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Sri A Ranganna (aged 96), an old, ardent devotee of the Ashram from Bangalore, was called by Beloved Papa on the 10th September 2014. He was suffering from age related problems. We pray for Beloved Papa's blessings on the departed soul for eternal rest at HIS lotus feet.



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## ANANDASHRAM NEWS

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**15,500-CRORE NAMA JAPA YAGNA FOR WORLD PEACE:** The total Nama Japa for world peace received in the month of September 2014 is 260 crores. The grand total of the Japa done so far now stands at 8205 crores.

**PUJYA SWAMI MUKTANANDAJI'S TENTATIVE ITINERARY FOR NOVEMBER AND DECEMBER:**

- ◆ 31st October to 4th November in Coimbatore.
- ◆ 4th to 9th November at Raipur, Manendragarh and Bilaspur and return to the Ashram on the 10th of November.
- ◆ 16th November at Sri Ramakrishna Math in Mangalore.
- ◆ 23rd November in Calicut.

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## FROM THE EDITOR

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The month of November this year marks Pujya Swamiji's 95<sup>th</sup> Jayanti on the 12th November 2014. As spiritual aspirants here is an occasion for all of us to intensely dwell on the striking values which Pujya Swamiji embodied.

His simple and unassuming approach endeared everyone to him because everyone, who had had an opportunity to spend a few minutes with Swamiji,

had been the recipient of his love in abundance which experience would be unforgettable. Swamiji had a natural way of entering into the hearts of everyone by his quiet manners and by little acts of loving kindness. He delighted in serving everyone, with not a care for his own physical frame. Swamiji possessed an innocent and child-like nature where there was no posing, no false modesty. He freely mixed with the young and the old. Nobody was a stranger to him and therefore all were in his all-embracing love circle. Whether rich or poor, learned or ignorant, high or low, Sadhu or sinner, flatterer or fool, humble or conceited, all felt quite close with him.

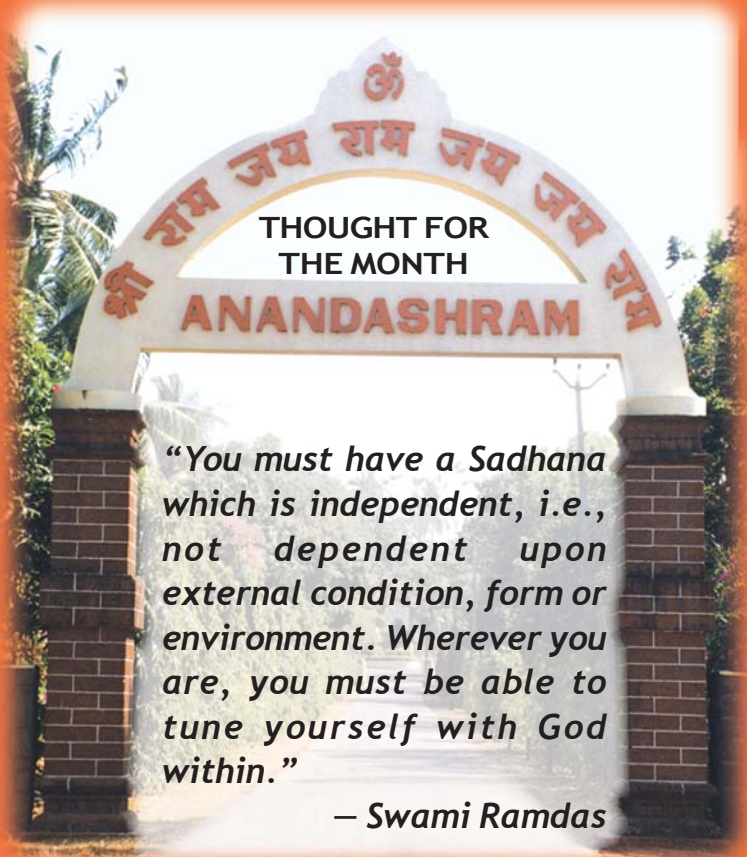
The quintessence of Swamiji's teachings is that the more we advance on the path, the more tolerant we will become; our love circle will widen; we will not find fault with others or impose our views on others. Most of all, we will become so humble as to feel all others are greater, with the result that when we talk to them, our feeling of oneness with all will express itself in our words and actions. His life was a true testimony of these words. On this occasion we seek his blessings to be able to live up to these ideals he has placed before us.

— *MUKTANANDA*

## LIST OF ASHRAM PUBLICATIONS

<b>ENGLISH</b> Arati Book At the Feet of God Call of the Devotee * Cherished Memories Dive Deep Soar High * Gospel of Swami Ramdas I & II * Gita Sandesh Glimpses of Divine Vision God Experience I & II Set Guru's Grace Hanuman Chalisa Hints to Aspirants In Quest of God In the Vision of God Krishnabai Mundane to Spiritual Passage to Divinity * Poems Points to Ponder Ramdas Speaks I* to V Set Shraddhanjali Stories as told by Ramdas Swami Ramdas on Himself Swami Ramdas' Talks * Swami Satchidananda * The Divine Life I & II * Set The Pathless Path * The Sayings of Ramdas Thus Speaks Ramdas Vishwamata Krishnabai With my Master With Divine Mother I to III Set World is God * Srimad Bhagavata * <b>GUJARATI</b> Glimpses of Divine Vision * In Quest of God *	50 50 25 25 25 115 55 25 35 55 120 30 100 50 30 225 25 60 25 25 45 25 20 30 35 85	In The Cave * In the Vision of God Swami Satchidananda * The Sayings of Ramdas * Thus Speaks Ramdas * World is God*  <b>HINDI</b> At the Feet of God Gita Sandesh Guru's Grace In Quest of God * Swami Ramdas on Himself Swami Satchidananda The Pathless Path * Thus Speaks Ramdas Vishwamata Krishnabai * Call of the Devotee God Experience Vol I & II	55 5 20 25 40  20 30 25 40 35 12 15 35	<b>MALAYALAM</b> Arati Book Bhagavad Gita Dive Deep Soar High* Guru's Grace * In Quest of God Jnaneswari Swami Satchidananda Vishwamata Krishnabai At the Feet of God Gita Sandesh*  <b>MARATHI</b> Guru Krupa * In Quest of God * Prem Sudha Prem Sudha (with English) Swami Satchidananda Thus Speaks Ramdas *  <b>TAMIL</b> Arati Book At the Feet of God* Gita Sandesh Glimpses of Divine Vision * Guru's Grace * In Quest of God In the Vision of God The Sayings of Ramdas * Vishwamata Krishnabai Hints to Aspirants	10 35  40 300 12 30 25   6 30  10 10 35 50 100 40 30 30	Thus Speaks Ramdas  <b>TELUGU</b> Arati* At the Feet of God Call of the Devotee Dive Deep & Soar High Gita Sandesh Glimpses of Divine Vision God Experience I & II Set Guidelines* Guru's Grace Hints to Aspirants In Quest of God In the Vision of God * Mundane to Spiritual Passage to Divinity * Ramdas Speaks Vol I & V Set Stories by Swami Ramdas Swami Ramdas on Himself Swami Ramdas' Talks Swami Satchidananda The Sayings of Ramdas Thus Speaks Ramdas Vishwamata Krishnabai  <b>ORIYA</b> In Quest of God  <b>FRENCH</b> Thus Speaks Ramdas* Guru's Grace	20  20 30 45 25 15 100 30 40 30 240 25 35 26 10 15 15 30 40  40  30
(*) denotes books out of print. NOTE: 1. Packing and Postage Extra; Payments may be made by MO or DD favouring 'ANANDASHRAM PUBLICATIONS' payable at Anandashram PO 671531, Kanhangad, Kerala 2. GUJARATI books are available with Shri Ramkrishna Seva Samiti, Shri Ramkrishna Kendra, L G Hospital Road, Mannargal, Ahmedabad 380008. (Telephone Number 079 25430031)							

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*“You must have a Sadhana which is independent, i.e., not dependent upon external condition, form or environment. Wherever you are, you must be able to tune yourself with God within.”*

*– Swami Ramdas*

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