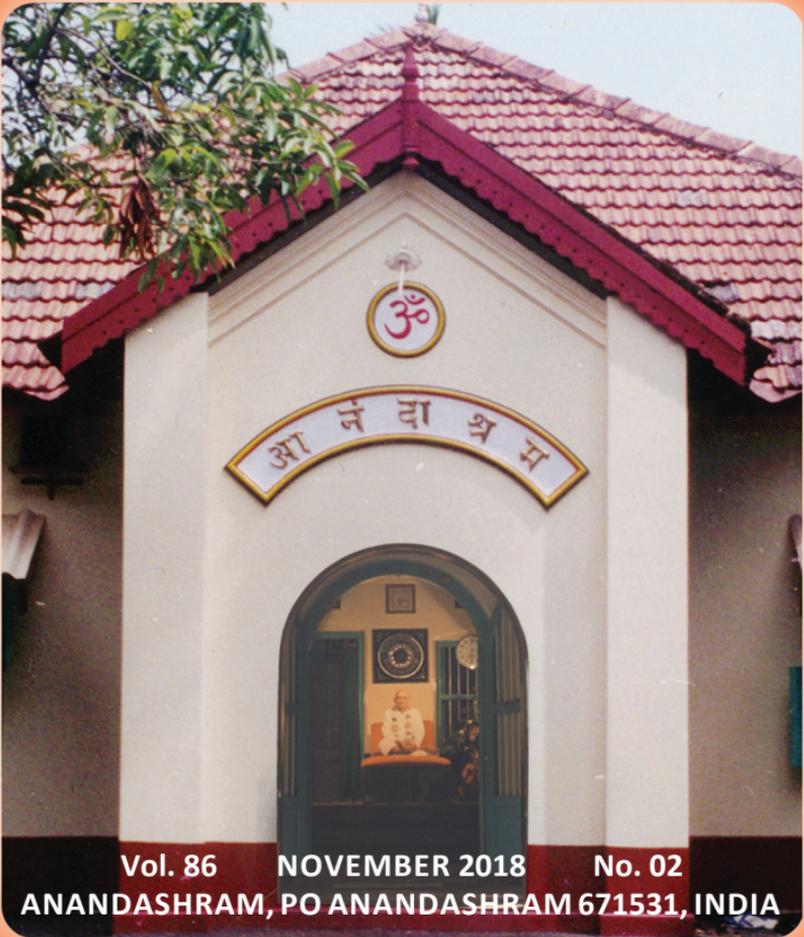


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The Vision

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DEDICATED TO UNIVERSAL LOVE AND SERVICE



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ANANDASHRAM, PO ANANDASHRAM 671531, INDIA



Om Sri Ram jai Ram jai jai Ram

ॐ श्री राम जय राम जय जय राम

Om Sri Ram jai Ram jai jai Ram

Such Is A Saint!

When the heart burns at the sufferings of others,
That is God's own heart.

When eyes strain to see others happy,
Through them God Himself sees.
When hands toil for others' relief,
These hands move only by God's will.
When the tongue sings His Name,
That voice is the voice of God.
Such is a Saint – God's own image!

– **Swami Ramdas**

Vol. 86**November 2018****No. 02****CONTENTS**

From The Editor	-	5
Saints And Sages	- Swami Ramdas	6
Beloved Papa Swami Ramdas Answers	-	9
Words Of Pujya Mataji Krishnabai	-	11
Gratitude Towards The Guru	- Swami Satchidananda	13
The Silent Sage	- Swami Satchidananda	14
God	-	15
Guru	-	16
Life	-	17
Love	-	18
Divine Name	-	19
Sadhana	-	21
Ego	-	24
Seva	-	25
Surrender	-	27
Universal Vision	-	28
Humility	- Mahatma Gandhi	29
Dear Children	-	29
Epistles Of Swami Ramdas	-	31
In Memoriam	-	32
Anandashram News	-	32

THE VISION

A Monthly Magazine

ANANDASHRAM

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FROM THE EDITOR

When we think of the upcoming birth centenary year of Param Pujya Swami Satchidanandaji, what first wells up in our mind is his utter humility and self-effacement.

If we deeply ponder over how it became possible for him to do so, we come to understand that these virtues are the outcome of his exemplary life based on his unique character which was ever cool, steady, patient and persevering. Thus, a study of Pujya Swamiji's life does help us in our character-building which is the bedrock of the spiritual pursuit. He epitomised the spiritual tenets of his Gurus, Beloved Papa Swami Ramdas and Pujya Mataji Krishnabai, i.e. nobody is irrelevant, nobody is unimportant and nobody is insignificant.

Pujya Swamiji's outlook was the same towards all beings and things alike. He taught us not through words, but through his very life that these noble ideals can be translated into action in our day-to-day activities only when the God-dimension is the basis for every thought, word and deed.

Pujya Swamiji, as pointed out in his book *DIVE DEEP AND SOAR HIGH*, wanted every one of us

to move up from the level of devotees to that of Sadhakas. By closely associating with his life and teachings, backed up by a keen commitment to the Goal Supreme, we can surely make an attempt to emulate these noble values he personified. May we all be able to do so is our prayer offered at the holy feet of Pujya Swamiji, who is in the form of remembrance in our hearts.

This month's issue of THE VISION carries a few articles that highlight some aspects of Pujya Swamiji's enriching life and some of his guidelines for our spiritual pursuit.

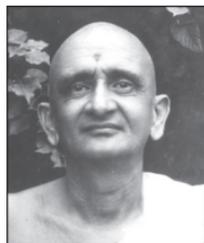
— *Editor*



SAINTS AND SAGES

By Swami Ramdas

So far as man can sweep his thought into the earliest origins of the history of mankind, he cannot fail to observe all through its course, a galaxy of souls standing out as distinctly different in nature,



Selflessness, born of a perfectly equalised vision and attitude towards all created beings and things, is the keynote of their (saints) life. They ever feel conscious of an immortal and all-blissful state of existence... They hold that life is eternal and that every soul is essentially Divine, i.e. by nature everlasting light, bliss and peace.

temperament and vision from the common run of human beings. These are the Saints and Sages, Avatars and Prophets of the world. The outlook of these unique souls upon the life of the world is discovered to be of a rare value and significance. Whilst the human beings in general are possessed only of the individualistic view of life, these renowned souls are gifted with a universal sense which clearly reflects in all their thoughts, words and actions. They also exert an unusual fascination on the world, for the people who live in the narrow view of life are attracted and dazzled by the striking personality of these great ones.

Now what is that characteristic trait in these spiritual heroes by which they are marked out from the rest? Selflessness, born of a perfectly equalised vision

and attitude towards all created beings and things, is the keynote of their life. They ever feel conscious of an immortal and all-blissful state of existence and so are totally free from the fear of death which terrorises the ordinary man. Their transcendence from the lower conception of existence to the consciousness of an eternal life is revealed in their teachings which ever harp upon the one theme of immortality, God or Truth. They hold that life is eternal and that every soul is essentially Divine, i.e. by nature everlasting light, bliss and peace. Their equal vision, having demolished all the limitations set by the lower mind, ever seeks union and oneness with the imperishable and omnipresent essence inherent in all the varied expressions of life. They carry with them the glow of a spiritual splendour which always radiates from their person. They preach to congregations of men the greatness of that attainment which is the glory of their lives. People crowd around them and become their followers, and love, adore and worship them. By their contact the aspiring souls, who strive to be free from the trammels of ignorance, are lifted up to their own Divine status.

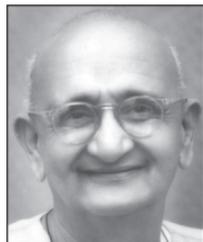
At no period in the history of humanity there was a total absence of such great Teachers of

eternal life. The world owes to them the heights to which it has reached in art, poetry and literature on one side, and the development of the great qualities of heart — charity, compassion and fellowship — on the other. Truly, the world would be hurled into chaos, if these men and women of vision were not born in it from time to time. Because, their invincible influence subdues the brutal instincts in man and creates an atmosphere filled with mutual love, peace and goodwill. All glory and success be to them!



BELOVED PAPA SWAMI RAMDAS ANSWERS

atchidananda (S): One evening, when conversing with a few devotees, Papa suddenly asked, ‘If there is any one among you prepared to receive the highest spiritual experience, come forward. Ramdas is prepared to give it.’ But none came forward. After a few minutes one of them said



he was prepared if Papa would give him the strength.

Papa: Yes, Ramdas gave them a challenge. He asked them to come forward, if prepared for the final experience. Bansidharbhai said some time later that Ramdas should give him strength to bear the shock. Ramdas told them plainly that if they were prepared for the shock they would be completely transformed; they would give up attachment to all their possessions and relations, and their life would be illumined with splendour.

Lalitha Devi (to S): Were you not there? Why did you not go forward?

S: I was not there at that time. I was in the office then.

Lalitha Devi: If you were there you would have volunteered.

Papa: Satchidananda has already taken the leap. He has nothing to be attached to. Everybody is not prepared for the final plunge. How can it be forced upon them? To give up attachment to worldly possessions is no ordinary thing.



WORDS OF PUJYA MATAJI KRISHNABAI



ataji made a moving reference to Swami Satchidanandaji and how he was carrying on in spite of his perpetual fever, headache and other ailments, how calmly and coolly he managed all the Ashram affairs, without making any fuss and, at the same time, getting all the work done by the workers. There is no branch of Ashram activity with which he is not conversant.



“Now-a-days, because of my strict instructions he does not stir out of his room more than twice in the day and that too to come only to the Ashram. He does not go to the Goshala. But, on rare occasions when he does go to the Goshala, after telling me first that he is quite fit and fine, how the cows and calves crowd round him like children before a long-lost mother! Even Madhav, the stud-bull, starts sulking and pretends to ignore Swamiji because he wants to demonstrate how he has been hurt by Swamiji not coming to see him all these days. Then, he too unbends and snuggles up to Swamiji. Can anyone

of you do what Swamiji is doing? I am not belittling the work you all are doing, but for sheer organising of things and administration, there is none to equal Satchidananda. And, he does everything so calmly and patiently, without any bossing or passing orders. That is why, if he falls ill, there is nobody to take his place. You all are, of course, eager to serve but you can at best only carry out the instructions given by me or by Satchidananda. You all will run about and do things that you are told to do but you do not know to give orders and take work out of the workers by leading them into the work itself.

“Most of you are good only for doing Dhyana and Ram Nam. Of course, that is most needed now. There are reports of heavy floods in North India, Assam etc., resulting in hundreds of villages being submerged, of homes and people in their hundreds being swept away in the flood waters. There are also reports of cyclone and its havoc in Philippines. To abate the fury of the elements, we need more Ram Nam than ever before. So, even if you are to only sit in one place and chant Ram Nam, praying to Papa, that is enough. It is perfectly all right. In fact, it is what we want most at this juncture. What I am trying to stress is that it is not given to everyone to be

a good organiser and administrator. Satchidananda has that knack. In fact, there is none who can equal Satchidananda in organisation and administration.”



GRATITUDE TOWARDS THE GURU

(Pujya Swami Satchidanandaji offered his prayer and gratitude to Beloved Papa and Pujya Mataji in the letter reproduced below. It appeared on the back cover of the GOLDEN JUBILEE SOUVENIR OF SWAMI SATCHIDANANDAJI'S DEDICATION.)

My most Beloved Purushottama
Papa and Mataji,
Prostrations at your holy feet.



50 years ago, this day, your infinite love and compassion brought me to Anandashram and gave me a chance to serve you and your innumerable forms visiting the Ashram from all over the world. You had already blessed me with the holy and all-powerful Ram Nam and assured me that I had only to chant the Mantra constantly and you will do the rest. Though after a year I wanted to go away for a life of contemplation, you brought me back

soon and in your mysterious way you influenced me from within to abide by your will that instead of a life of contemplation, I should engage myself in your service. Accepting your will as supreme, I was given by you the needed strength and guidance to serve you to the best of my capacity and I enjoyed such service. Service to you gave me a wider vision and experience that all are my own and kept my mind calm and serene. You showered on me the ambrosia of love through your Divine forms and also through your thousands of children spread all over the world and thus drowned me in that ocean of love. May your protecting hand be ever upon my head, blessing me, guiding me and lifting me up until you take me unto Yourself!

Ever your child,
Satchidananda



THE SILENT SAGE

(The following are excerpts from the new booklet called THE SILENT SAGE being brought out on the occasion of the commencement of the Birth Centenary Year of Pujya Swami Satchidanandaji. It carries words of Pujya Swamiji on various topics.)

God

God Alone Is Acting In All

The seen and the unseen are both God, and God alone is and there is nothing but God. It is He alone who is holding inspiring Satsang in one place, doing business in another place, committing so-called deplorable acts elsewhere. The moment we see that it is He alone who is acting in these roles, we see nothing good or bad as we are transported to a higher plane of consciousness. Our effort must be only to stay in that plane constantly.



Remembrance Of God

First thing required is remembrance of God. You should take it that every object you touch is the manifestation of God. When you start your work, you may say: “Paper is God, pen is God, everything is God etc.” As you go on identifying everything with God, whatever work you do in the office or elsewhere becomes Puja (worship).



GURU

Real Guru Within

Guru is the Absolute all-pervading Reality, and the entire manifestation, i.e. Guru is everything and beyond everything. Those who are awakened and have come in contact with a saint — Guru — are taught the way to see Him, the real Guru, within.



Guru Is God

By close association with the Guru, we come to realize that Guru is not merely the body, but, God Himself, He is all pervading. And as all-pervading, He is the entire manifestation and seated in every atom of the manifestation. So, when we advance in our Sadhana, we do not limit our worship to a particular body. We worship Him in the entire manifestation. Whatever we see before us is the form of our Guru. He is the form as well as the force within that form — the force that activates that form.



LIFE

Be Happy Always

In one's life, so many things happen as one has to deal with people of different types and characters. You may like them or dislike them. Similarly, others, in turn, may like you or dislike you. These are all part of the worldly game. So far as you are concerned, try to love even those who hate you. We are all God's children, and, as such, we should try to live up to His teachings which say that in the universe, we are all brothers and sisters, and therefore, one family.



Right Attitude

Nothing in the world will disturb us if we take it that the Lord Himself in His innumerable forms plays the Lila eternally. Unless we raise ourselves to a higher plane of consciousness from where we can visualize everything clearly, it is difficult to solve our problems in the world. We cannot change what is happening in the world, but we can change our attitude towards the happenings by looking upon them as the play of the Lord.



LOVE

True Love

TTrue love means loving another, feeling oneness with him. The other may apparently be different but we are really one. In fact, the whole universe is a single unit of the Saguna Swarupa of our Beloved God who Himself is the substratum for the manifestation. We are all one, belonging to the universal body of our Beloved God. When we stand apart from that universal manifestation and look upon all as His innumerable and different forms, it will give us great joy, and to go on loving that way is the best thing that we can do.



Love And Joy

By loving one person, we get great joy and if we are able to love all, we get infinite joy. In the same way, to be loved by one is a great joy and to be loved by all gives us immense joy. It is all a play of love and joy. By striving to get that vision and by ultimately attaining it, we will be raising ourselves to God-hood.



DIVINE NAME

Power Of Ram Nam

Ram Nam is so powerful that when chanted loudly and with all love and devotion, it will surcharge the entire atmosphere with peace and bliss in due course; anybody entering the house (where it is chanted) will be able to feel it. Chanting of His name will make Him manifest His qualities. So, go on chanting the Mantra as much as possible, sitting together, and also keep chanting it individually whenever you are not engaged in any mental work.



Constant Remembrance

If we keep on chanting the Name as much as possible, we then will be able to maintain continuous remembrance of God. That will help us to see everything as Divine. While in this process, it is not that we are going to do anything new, except changing our attitude towards everything, i.e., when we see others, instead of seeing them as individuals, we will start looking at them as manifestations of our Beloved God.



Chanting Leads To Stillness

The purpose of chanting the Mantra is to make the mind free from all other thoughts. By constant practice, this is possible. Ultimately, the mind will be free from even the God-thought and become still. After a little while, if the mind loses its stillness, you can chant Ram Nam again. This process may go on until the stillness is maintained for longer and longer periods.



Chant Before Reacting

When somebody talks to you pleasantly or unpleasantly, before you react to it in the normal way, chant 'Om Sri Ram Jai Ram Jai Jai Ram' or any name of God mentally. This will prepare you to deal with the other person in a loving and kind way. If you are able to meet every situation like this, you can be sure of a tension-free and anger-free life. Others may think it odd that you are not responding immediately (while you are chanting Ram Nam). But all will get used to that in due course.



SADHANA

Sadhana And Worldly Life

We know it is very difficult to do Sadhana while living the worldly life. Though it looks to be difficult, it is not impossible. Saints have been dinning into our ears that life lived for any other purpose is lived in vain. It should be only for the attainment of God, and Self-realisation should be our only goal. It must be hammered into our mind again and again, which will surely help us to progress fast in our Sadhana.



True Vairagya

Ashram is not a place for those who get dejected just because of certain happenings in the family, causing some Vairagya. This Vairagya is momentary and cannot be depended upon. If you are really after a spiritual life, you would not get so seriously affected by whatever happens outside. Whenever worldly hits and knocks affect you seriously, you may of course go and stay in an Ashram for a few days to regain your normal self.



Internal Sannyas

Really, there is no need for external Sannyas. Internal Sannyas is necessary. Internal Sannyas means an attitude of renunciation of the sense of 'I' and 'mine' from our mind. Perhaps, external renunciation was necessary in olden days but now-a-days avenues for distraction for the mind of the renunciate are more while wandering here and there for food and all that. It would therefore be preferable to stay at home and do Sadhana, and by doing Sadhana, renounce the sense of 'I' and 'mine'. That would be real Sannyas.



Satsang – The Best Way

To get over the moods of depression, the best way is to engage yourself in Satsang. The company of saints and devotees has such a powerful effect on the mind that the mind is immediately uplifted. Chanting of Ram Nam after that will not permit the mind to come down. So, court Satsang whenever and wherever possible.



Seeing God In Others

Seeing God in everything will help us develop humility. When we see God in others, we naturally revere them and love them in the real sense. Without seeing God in them, the love will be purely physical and not the real love. When we see God in others, naturally our head bows down before them, at least mentally. This practice will gradually purify our mind and ultimately lead us to the Supreme Goal.



Vigilance

Sadhakas are supposed to be practising to be conscious of the Divine in everybody. Still, they get attached to persons, properties, and wealth! This happens because of their not being vigilant. So, every Sadhaka should always be vigilant while moving too intimately with anyone and do intense Sadhana to walk steadily on the spiritual path. Intimacy with a form is likely to draw the mind away from the formless Reality resulting in attachment to that form.



EGO

Sense Of Doership

What a Sadhaka has to do is eliminate the ego – the sense of doership. When everything is looked upon as God Himself, and every act is looked upon as the act of God Himself, there is no place for us to say that, ‘I have done this’ or ‘I am going to do that’ or ‘he has done this’ or ‘he is going to do that’. There is then no ‘I’ nor ‘he’, but God alone is. We have to develop this attitude in our day to day life. It may appear to be simple but not so when we try to put it into practice. At the same time, it is not too difficult also if we have the mind to do it. Be sure it will be successful if we are steadfast in our pursuit.



Put Down The Ego

When we are with the Guru, we must try our best to put down the ego ourselves. We must be humble not only before the Guru but before everyone who comes before the Guru. This sort of humility must be there and that will be definitely appreciated by the Guru.



SEVA

Divinise All Activities

In the course of Sadhana usually we may not be able to spend all the 24 hours in meditation. It may be necessary for us to devote some time or in some cases more time in useful service. Useful service means whatever work we do should be done looking upon it as service to God. This is actually divinising all activities. This practice will help our Sadhana and hence the activities do not become a hindrance to our Sadhana and prayers.



Service

Ordinary work is egoistic and binding, whereas service with the right attitude, helps eradicate the ego sense, leading to liberation. Say a doctor is treating a patient; whether the patient is rich or poor, of low caste or high caste, should not be his concern. There must be a universal outlook without any distinction of caste, creed, colour, nationality or financial status.



Joy In Serving

Service is to be done for the joy of it, spontaneously, with the full realization of your oneness with the Lord, and rendered without any self-interest or object to attain. Any work – be it washing the toilets and bathrooms or cleaning the temples of worship or nursing the patients in the hospital, performing surgery in the operation theatre, doing bhajans and kirtans, worship in the temple or in your Puja room, – in short, any and every kind of work done with the attitude that: “This is my offering to my Lord; this is done by the power of the Lord and with the remembrance of the Lord” – is transformed into worship of the Lord.



Serve Others

It is not always necessary to spend money to serve others. What is needed is that we should wish well of everybody and pray for the world's welfare. Have some feeling for them. By feeling for others, we make our heart softer and softer. Only in a very soft heart God will reveal Himself.



SURRENDER

All Happen By God's Will

Surrender to God means to be conscious that it is His power that is working in the entire universe through the innumerable forms including your body. Surrender does not mean inactivity or indifference, nor does it relate to the weak. It requires immense strength. Surrender is surrender and there is only one type of surrender – that is absolute. There is no shortcut for this.



Surrender – Easy To Say

Read surrender needs constant remembrance of God. We must be able to see God's hand in every incident in this physical world, God's unseen power alone is working. Unless and until we maintain this consciousness, how can we say we have an attitude of surrender? Without having that feeling, how can we say that whatever happens, happens by God's will?



UNIVERSAL VISION

Mutual Love

There must be mutual love and regard and also respect to one another. It means, a lot of give and take must be there. For this we must be prepared to humble down ourselves before others. We must not assert our individuality. For the sake of harmony, we must be able to sacrifice a little. That means, where there is a conflict, humble down; give up your authority or assertion and try to accept the other party's viewpoint and try to solve the problem.



Don't Hurt Others' Feelings

When you are doing Sadhana, you have to be careful to see that you do not hurt the feelings of others; instead you must be so loving that all others feel the warmth of it when they come near you or even think of you. There is no need to get angry at all for any reason. When you want God, nothing else should matter to you. Try to remember Him constantly and pray to Him to make you feel His presence constantly and to guide you in your Sadhana.

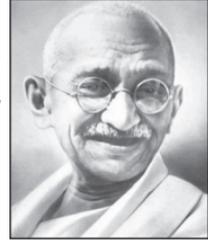


HUMILITY

By Mahatma Gandhi



life of service must be one of humility. He, who would sacrifice his life for others, has hardly time to reserve for himself a place in the sun. Inertia must not be mistaken for humility. True humility means most strenuous and constant endeavour entirely directed towards the service of humanity. God is continuously in action without resting for a single moment. If we would serve Him or become one with Him, our activity must be as unwearied as His.



Source: www.mkgandhi.org

DEAR CHILDREN

Love & Compassion For All

(During a visit to the Ashram, a devotee was returning to his room after lunch in the Bhojanshala. He witnessed the following touching incident showing Pujya Swamiji's love and compassion for all. He then wrote about it in the GOLDEN JUBILEE SOUVENIR OF PUJYA SWAMI SATCHIDANANDAJI'S

DEDICATION. An excerpt of the write-up is reproduced here.)



n old man from a nearby village was lying unconscious under the peepal tree and Swami Satchidanandaji was sitting near him, trying to rouse him, calling him “Appa, Appa!”

A sadhuran who was standing nearby commented: “Whoever comes to you, you donate money to them. I objected when you gave Rs.10/- to the old man when he came to you in the morning. Now see what has happened. He had been to the arrack shop, drunk well and is now sleeping here, spoiling the serene atmosphere of the Ashram” .

Swamiji paid no heed to what the sadhuran was saying and engaged himself in trying to wake up the old man. Soon enough, the old man opened his eyes. Swamiji requested him to go home.

The old man quipped: “If I go home, who will feed me and my old wife?”

Hearing this, the sadhuran became furious and told him: “After drinking you have come into the Ashram and now you want food also!”

Again, Swami Satchidanandaji did not care what the sadhuran said, called two workers of the

Ashram and asked them if they knew the house of the old man. They replied that they knew. Swamiji then asked one of the workers to assist the old man to his house and told the other worker to carry from the Bhojanshala food sufficient for two people in a carrier and deliver it at the house of the old man.



EPISTLES OF SWAMI RAMDAS

Beloved Ram,

...The service of the poor and the distressed is the worship of God. Let love, humility and service be the motto of your life! The most exalted way to realise God is through Nishkama Seva. Dedicate all your mental, vocal and physical energy to God and thus transform your entire life and all its activities into a blissful expression of the Divine. God is within you; you are ever face to face with Him. And it is He within you that animates your existence and actuates all your work. Knowing that you are eternally one with Him, be still His servant and child. Serve Him in a playful and cheerful spirit and earn thereby the blessings of Divine love and joy.

Believe that you are the acknowledged child of God. You are not an individual life but belong to the Universal Life and Spirit. Your actions are the outpourings of this Cosmic Spirit, for you are the absolute Truth itself.

Weep and cry no more. Through constant remembrance, be conscious of God's presence within you and everywhere without you.

Ramdas

IN MEMORIAM



ri Eshwarlal Bharna, an ardent devotee of the Ashram from Hyderabad was called by Beloved Papa on the 11th of October 2018. He had been ailing for some time.

We pray for Beloved Papa's blessings on the departed soul for eternal rest and peace at His lotus feet.

ANANDASHRAM NEWS

15,500-CRORE NAMA JAPA YAGNA FOR WORLD PEACE: The total Japa received in the third round of the 15500-Crore Nama Japa Yagna For World Peace in the month of September is 200 crores. The grand total of the Japa done so far in this round now stands at 3966 crores.

PUJYA SWAMIJI TO VISIT ANDHRA PRADESH AND TELANGANA: Pujya Swami Muktanandaji will visit Andhra Pradesh and Telangana from the 1st to the 10th of December 2018. The Satsang programmes are scheduled as follows:

- 1st & 2nd Dec: Sri Santhi Ashram, Visakhapatnam (Contact: Sri I Vivekananda -9441258326, Smt I Lakshmi – 8500526352).
- 5th Dec: Gowlipura, Hyderabad from 4:00 pm to 7:00 pm (Contact: Sri Gajanand - 9885508393).
- 6th Dec: Sri Sivanandashram, Padma Rao Nagar, Secunderabad, from 10:00 am to 1:00 pm (Contact: Dr Madalasa - 8179253277, Smt Geetanjali - 9985817396).
- 6th Dec: Sri Satyanarayana Swami Temple, Ashok Nagar, Hyderabad from 6:00 pm to 8:00 pm (Contact: Sri Krishnaiah - 9885420367, Sri Kashi Visweswara Rao - 9866512516).
- 7th Dec: Anandashram Satsang Samithi, Hanumakonda from 6:00 am to 1:00 pm (Contact: Sri CH Laxminarayana – 9908765323, Smt Shankar Laxmi - 8702449900).

- 8th Dec: Vyasya Hostel, Kachiguda, Hyderabad from 8:00 am to 8:00 pm (Contact: Smt Swarajyam - 040 27632106, Sri Anand – 9246968266).
- 9th Dec (morning): Tarajeet Residency, Narayanaguda, Hyderabad from 10:00 am to 12:00 noon (Contact: Sri B Murali - 8978161600).
- 9th Dec (evening): Anandashram Satsang Samithi, Banjara Hills, Hyderabad from 4:00 pm to 8:30 pm (Contact: Sri Anirudh Gupta - 9849044400, Sri Mahaveer Prasad G - 98498 93936).
- 10th Dec: Nirvana Guest House, Chilukur, Rangareddy District from 11:30 am to 4:30 pm (Contact: Smt Leela - 9701895629, Sri Arpan - 9177744998).

“HARE RAMA” NAMA SANKIRTAN SAPTAH AT GARLA: In connection with the Birth Centenary Year of Pujya Swami Satchidanandaji, a “Hare Rama” Nama Sankirtan Saptah is scheduled to be held from the 12th of November 2018 at Garla Mandal, Khammam District, Mahabubabad, Telengana. For more details kindly contact Sri M Ramasharma and Smt Venkatasarvalakshmi (8897621915 / 9440430035).

LIST OF PUBLICATIONS IN ENGLISH

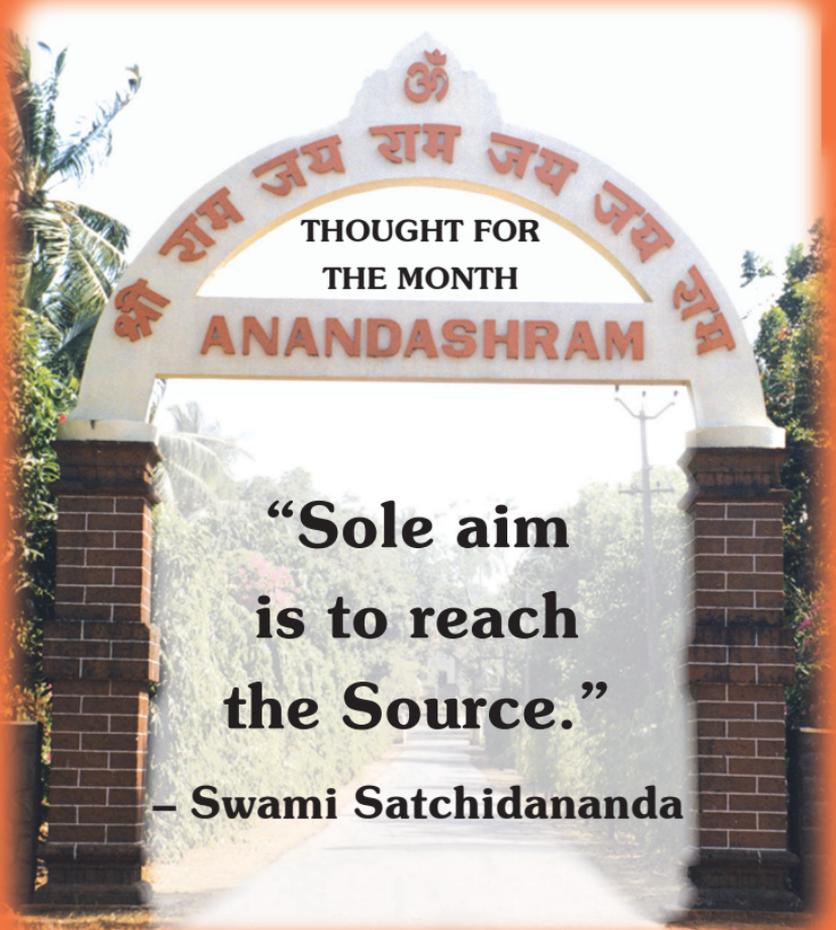
Sr.	Book Title	Price (Rs.)
1	Ashram Seva	30
2	At the Feet of God	85
3	Call of the Devotee	130
4	Dive Deep and Soar High	120
5	Gita Sandesh	30
6	Glimpses of Divine Vision	30
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